

MINIMUM LICENSING REQUIREMENTS FOR CHILD CARE CENTERS

Chapter 388-295 WAC

TABLE OF CONTENTS

LICENSING

WAC 388-295-0001 What gives the authority to the Department of Social and Health Services (DSHS) to license child care?	1
WAC 388-295-0010 What definitions under this chapter apply to licensed child care providers?	1
WAC 388-295-0020 Who needs to become licensed?	4
WAC 388-295-0030 What must I do to be eligible to receive state child care subsidies?	6
WAC 388-295-0040 Do I have to follow any other regulations or have any other inspections?	6
WAC 388-295-0050 Can I get a waiver (exception) to the Minimum Licensing requirements?	7
WAC 388-295-0055 Can I get a dual license?.....	7
WAC 388-295-0060 What are the requirements for applying for a license to operate a child care center?.....	8
WAC 388-295-0070 What personal characteristics do my volunteers, all staff and I need to provide care to children?.....	9
WAC 388-295-0080 How is licensed capacity determined?	10
WAC 388-295-0090 When will the department issue me an initial license?.....	11
WAC 388-295-0100 When can my license application be denied and when can my license be suspended or revoked?	12
WAC 388-295-0110 When can I be fined for not following the Minimum Licensing Requirements?.....	14
WAC 388-295-0120 How much can I be fined?.....	15
WAC 388-295-0130 When can I be fined for operating an unlicensed program?	15
WAC 388-295-0140 When can the department issue a probationary license to a child care operator?	16
WAC 388-295-0150 Where can I locate my child care center or facility?	16

STAFFING

WAC 388-295-1010 Who can be the director of a child care center?.....	17
---	----

WAC 388-295-1020	What if the director does not meet the minimum qualifications?	18
WAC 388-295-1030	Who can be a lead teacher in a child care center?	18
WAC 388-295-1040	Who can be an assistant or aide in a child care center?	18
WAC 388-295-1050	Who can be a volunteer in a child care center?	19
WAC 388-295-1060	What initial and ongoing State Training and Registry System (STARS) training is required for child care center staff?	19
WAC 388-295-1070	What continuing State Training and Registry System (STARS) training is required for child care center staff?	19
WAC 388-295-1080	What topics must my new staff orientation include?	19
WAC 388-295-1090	What kind of meetings or on-going training must I provide my staff?	20
WAC 388-295-1100	What are the requirements regarding First Aid and cardiopulmonary Resuscitation (CPR) training?	20
WAC 388-295-1110	Who must have Human Immunodeficiency Virus (HIV), acquired Immunodeficiency Syndrome (AIDS) and Bloodborne Pathogen training?	21
WAC 388-295-1120	What are Tuberculosis (TB) testing requirements for the staff?	21

PROGRAM

WAC 388-295-2010	What types of play materials, equipment and activities must I provide for the children?	21
WAC 388-295-2020	How long can a child be at the center?	22
WAC 388-295-2030	How should staff interact with children?	23
WAC 388-295-2040	What behavior management and guidance practices must I have in place?	23
WAC 388-295-2050	Must we provide rest periods?	24
WAC 388-295-2060	What are the requirements for evening and nighttime care?	24
WAC 388-295-2070	What do I need to transport the children on off-site trips?	25
WAC 388-295-2080	What must I communicate to parents?	26
WAC 388-295-2090	What are the required staff to child ratios and maximum group sizes for my center?	27
WAC 388-295-2100	What are the exceptions to group sizes and staff to child ratios?	28

WAC 388-295-2110 Are children allowed in the kitchen when they are doing supervised activities?	29
WAC 388-295-2120 Are there special program requirements for infants and toddlers?	29
WAC 388-295-2130 Do I need an outdoor play area?.....	30
HEALTH AND NUTRITION	
WAC 388-295-3010 What kind of health policies and procedures must I have?	30
WAC 388-295-3020 How often must staff wash their hands?	32
WAC 388-295-3030 When is a child or staff member too ill to be at child care?	32
WAC 388-295-3040 How often must children wash their hands?	33
WAC 388-295-3050 Am I required to give medications to the children in my care?.....	34
WAC 388-295-3060 Who can provide consent for me to give medication to the children in my care?	34
WAC 388-295-3070 How must I store medications?	35
WAC 388-295-3080 Can I use bulk medications (use one container for all the children such as with diaper ointments)?	35
WAC 388-295-3090 How do I handle left over medication?	36
WAC 388-295-3100 When can children take their own medication?.....	36
WAC 388-295-3110 Do I need special equipment to give medication?.....	36
WAC 388-295-3120 What documentation is required when giving children medication?	36
WAC 388-295-3130 Can anyone else give medication to children in my care?	36
WAC 388-295-3140 What kind of milk can I serve?	37
WAC 388-295-3150 How many meals and snacks must I serve?	37
WAC 388-295-3160 What kind of food and menus must I have?	37
WAC 388-295-3170 What are the food service standards I am required to meet?	39
WAC 388-295-3180 What are approved food sources?	40
WAC 388-295-3190 How can we be sure that the food we serve is safe?	40
WAC 388-295-3200 How do we safely store food?	41

WAC 388-295-3210	How so we safely thaw foods?	41
WAC 388-295-3220	What type of kitchen material and equipment can I use?.....	42
WAC 388-295-3230	What type of eating and drinking equipment must I provide?	42

CARE OF YOUNG CHILDREN

WAC 388-295-4010	At what age can we accept infants into care?	43
WAC 388-295-4020	How do we meet the nutritional needs of the infants in our care?	43
WAC 388-295-4030	What is a safe way to prepare bottles?	44
WAC 388-295-4040	What is a safe way to store infant formula?	45
WAC 388-295-4050	What is a safe way to store breast milk?.....	45
WAC 388-295-4060	What is a correct way to clean bottles and nipples?	45
WAC 388-295-4070	Are there specific rules for feeding infants and toddlers?	46
WAC 388-295-4080	When is an appropriate time to toilet train a child?	46
WAC 388-295-4090	Can we use potty-chairs for toilet training?	46
WAC 388-295-4100	What sleep equipment do I need for infants?.....	46
WAC 388-295-4110	What additional sleeping arrangements must I make to reduce the risk of Sudden Infant Death Syndrome(SIDS)?	47
WAC 388-295-4120	What must I do to be sure that diaper changing is safe and does not spread infections?	48
WAC 388-295-4130	Do I need a nurse consultant?	48
WAC 388-295-4140	When are children required to have a change of clothing on site?	49

SAFETY AND ENVIRONMENT

WAC 388-295-5010	What first aid supplies am I required to have?	49
WAC 388-295-5020	How do I maintain a safe environment?	50
WAC 388-295-5030	What do I need to include in my disaster plan?.....	51
WAC 388-295-5040	How do I maintain a clean and sanitized environment?	53
WAC 388-295-5050	How can I make sure water activities are as safe and sanitary as possible?	54

WAC 388-295-5060	How must I store maintenance and janitorial supplies?	55
WAC 388-295-5070	How can I be sure my water is safe?	55
WAC 388-295-5080	How do I safely get rid of sewage and liquid wastes?	55
WAC 388-295-5090	What are the fence requirements?	56
WAC 388-295-5100	What are the requirements for toilets, handwashing sinks and bathing facilities?	56
WAC 388-295-5110	What are the requirements to do laundry on the premises or off-site?	58
WAC 388-295-5120	What kind of sleep and nap equipment do I need for children not in cribs, bassinets, infant beds, and playpens?	58
WAC 388-295-5140	Are there any requirements for storage space provided for children?	58
WAC 388-295-5150	Are there ventilation and temperature requirements?	58
WAC 388-295-5160	What do I need to know about pesticides?	59
WAC 388-295-5170	Can we have animals at the center?	60

AGENCY PRACTICES

WAC 388-295-6010	What are the regulations regarding discrimination?	61
WAC 388-295-6020	What are the regulations regarding religious activities?	61
WAC 388-295-6030	What are the special requirements regarding American Indian children?	61
WAC 388-295-6040	What are the requirements regarding child abuse and neglect?	61
WAC 388-295-6050	What substances are prohibited in the child care center or on the premises?	62
WAC 388-295-6060	Who is allowed to have unsupervised access to children in care?	62

RECORDS, REPORTING, AND POSTING

WAC 388-295-7010	What information must be kept in the child's individual file?	62
WAC 388-295-7020	Am I required to track immunizations?	64
WAC 388-295-7030	What type of attendance records do I have to keep?	64

WAC 388-295-7040 Am I required to keep licensing information available on site for parents to review?	65
WAC 388-295-7050 What personnel records and policies must I have?.....	65
WAC 388-295-7060 What injuries and illnesses or child abuse and neglect must I report?	66
WAC 388-295-7070 What circumstantial changes must I report to my licensor?	66
WAC 388-295-7080 What am I required to post in the center?	67

INDEX

Chapter 388-295 WAC

MINIMUM LICENSING REQUIREMENTS FOR CHILD CARE CENTERS

LICENSING

WAC 388-295-0001 What gives the authority to the department of social and health services (DSHS) to license child care and charge licensing fees? (1) The rules for child care centers are governed under chapters 74.12 and 74.15 RCW.

(2) The rules establishing licensing fees are adopted under authority of RCW 43.20B.110.

WAC 388-295-0010 What definitions under this chapter apply to licensed child care providers?

"American Indian child" means any unmarried person under the age of eighteen who is:

(1) A member or eligible for membership in a federally recognized Indian tribe, or who is Eskimo, Aleut, or other Alaska Native and a member of an Alaskan native regional corporation or Alaska Native Village;

(2) Determined or eligible to be found Indian by the Secretary of the Interior, including through issuance of a certificate of degree of Indian blood, or by the Indian health service;

(3) Considered to be Indian by a federally recognized or nonfederally recognized Indian Tribe; or

(4) A member or entitled to be a member of a Canadian tribe or band, Metis community, or nonstatus Indian community from Canada.

"Anti-bias" is an approach that works against biases and recognizes when others are treated unfairly or oppressively based on race, color, national origin, marital status, gender, sexual orientation, class, religion, creed, disability, or age.

"Capacity that you are licensed for" means the maximum number of children that you are authorized to have on the premises of the child care at any one time.

"Center" means the same as **"child care center."**

"Certification" means department approval of a person, home, or facility that does not legally need to be licensed, but wants evidence that they meet the minimum licensing requirements (also see **"Tribal certification"**).

"Child abuse or neglect" means the physical abuse, sexual abuse, sexual exploitation, abandonment or negligent treatment or maltreatment of a child by any person indicating the child's health, welfare, and safety is harmed.

"Child-accessible" means areas where children regularly have access such as: entrances and exits to and from the center, classrooms or child care areas, playground area including equipment and fencing, parking areas, walkways, decks, platforms, stairs and any items available for children to use in these areas.

"Child care center" means the same as a **"child day care center"** or a facility providing regularly scheduled care for a group of children one month of age through twelve years of age for periods less than twenty four hours.

"Clean" means to remove dirt and debris from a surface by scrubbing and washing with a detergent solution and rinsing with water. This process must be accomplished before sanitizing a surface.

"CACFP" means child and adult care food program established by congress and funded by the United States Department of Agriculture (USDA).

"Commercial kitchen equipment" means equipment designed for business purposes such as restaurants.

"Communicable disease" means a disease caused by a microorganism (bacterium, virus, fungus, or parasite) that can be transmitted from person to person via an infected body fluid or respiratory spray, with or without an intermediary agent (such as a louse, or mosquito) or environmental object (such as a table surface).

"Cultural relevancy" creates an environment that reflects home cultures, communities and lives of children enrolled in the program.

"Department," "we," "us," or "our" refers to and means the state department of social and health services (DSHS), including but not limited to the division of child care and early learning (DCCEL) licensors and health specialists.

"Developmentally appropriate practice":

- (1) Means that the provider should interact with each child in a way that recognizes and respects the child's chronological and developmental age;
- (2) Is based on knowledge about how children grow and learn; and
- (3) Reflects the developmental level of the individual child, and interactions and activities must be planned with the needs of the individual child in mind.

"Director" means the person responsible for the overall management of the center's facility and operation.

"Disinfect" means to eliminate virtually all germs from inanimate surfaces through the use of chemicals or physical agents.

"Domestic kitchen" means a kitchen equipped with residential appliances.

"External medication" means a medication that is not intended to be swallowed or injected but is to be applied to the external parts of the body, such as medicated ointments, lotions, or liquids applied to the skin or hair.

"I," "you," and "your" refer to and mean the licensee or applicant for a child care license.

"Inaccessible to children" means stored or maintained in a manner preventing children from reaching, entering, or using potentially hazardous items or areas. Examples include but are not limited to: quantities of water, sharp objects, medications, chemicals, electricity, fire, mechanical equipment, entrapment or fall areas.

"Individual plan of care" means that the center's health policies and procedures do not cover the needs of the individual child so an individual plan is needed. Examples may include children with allergies, asthma, Down syndrome, tube feeding, diabetes care such as blood glucose monitoring, or nebulizer treatments.

"Infant" means a child one-month through eleven months of age.

"Lead teacher" means the person who is the lead child care staff person in charge of a child or group of children and implementing the activity program.

"License" means a permit issued by the department authorizing you by law to operate a child care center and certifying that you meet the minimum requirements under licensure.

"Licensee" or **"you"** means the person, organization, or legal entity responsible for operating the center.

"Maximum potential capacity based on square footage" is the maximum number of children you can be licensed for based on the amount of useable space (square footage) in your center. You may be licensed for less than the maximum potential capacity. You may not be licensed for more than the maximum potential capacity.

"Moisture impervious" or **"moisture resistant"** means a surface incapable of being penetrated by water or liquids.

"Parent" means birth parent, custodial parent, foster parent, legal guardian, those authorized by the parent or other entity legally responsible for the welfare of the child.

"Pesticides" means chemicals that are used to kill weeds, pests, particularly insects.

"Potentially hazardous food" means any food or ingredient that requires temperature control because it supports rapid growth of infectious or toxin forming microorganisms.

"Potable water" means water suitable for drinking by the public as determined by the state department of health or local health jurisdiction.

"Premises" means the building where the center is located and the adjoining grounds over which you have control.

"Preschool age child" means a child thirty months through five years of age not attending kindergarten or elementary school.

"Program supervisor" means the person responsible for planning and supervising the center's learning and activity program.

"Sanitize" means a surface must be clean and the number of germs reduced to a level that disease transmissions by that surface are unlikely. This procedure is less vigorous than disinfection.

"Satellite kitchen" means a food service establishment approved by a local health jurisdiction where food is stored, prepared, portioned or packaged for service elsewhere.

"School-age child" means a child not less than five years through twelve years of age who has begun attending kindergarten or elementary school.

"Supervised access" refers to those individuals at a child care center who have no responsibility for the operation of the center and do not have unsupervised access to children. These individuals are not required to submit a criminal history authorization form. This includes those persons on the premises for "time limited" activities whose presence is supervised by a center employee and does not affect staff-to-child ratios or the normal activities or routine of the center. Examples include:

- (1) A person hired to present an activity to the children in care such as a puppet show, cooking activity, and story telling;
- (2) Parent participation as part of a special theme; or
- (3) A relative visiting a child on the premises.

"Staff" means a child care giver or group of child care givers employed by the licensee to supervise children served at the center.

"The Washington state training and registry system (STARS)" means the entity approved by the department to determine the classes, courses, and workshops licensees and staff may take to satisfy training requirement.

"Toddler" means a child twelve months through twenty-nine months of age.

"Terminal room cleaning" means thorough cleaning of walls, ceiling, floor and all equipment, and disinfecting as necessary, in a room which has been used by a person having a communicable disease before it is occupied by another person.

"Tribal certification" means that the department has certified the tribe to receive state payment for children eligible to receive child care subsidies.

"Unsupervised access" refers to those individuals at a child care center who can be left alone with children in the child care center. These individuals must have received a full criminal history and background authorization clearance.

"Useable space" means the areas that are available at all times for use by the children that do not cause a health or safety hazard.

WAC 388-295-0020 Who needs to become licensed? (1) The person or organization operating a child care center is subject to licensing by authority under chapter 74.15 RCW, unless specifically exempted by RCW 74.15.020(2). Exemptions include:

- (a) Blood relatives;
- (b) Adoptive parents;
- (c) Stepparents or stepsiblings;
- (d) "Extended family members" as defined by law or custom of the Indian child's tribe;
- (e) Legal guardians;

(f) Nursery schools or kindergartens that are engaged primarily in educational work with preschool children and in which no child is enrolled on a regular basis for more than four hours a day;

(g) Seasonal day camps of three months' or less duration engaged primarily in recreational or educational activities;

(h) Private schools or kindergartens;

(i) An agency located on a military reservation;

(j) An agency operated by a unit of local, state, or federal government;

(k) An agency licensed by an Indian tribe, located within the boundaries of a federally recognized Indian reservation; and

(l) A facility where the parent remains on the premises for reasons other than employment.

(2) The person or organization operating a child care center and qualifying for an exemption to licensing under RCW 74.15.020(2) is not subject to licensure. The person or organization claiming an exemption must provide us with proof of right to the exemption if we request it.

(3) RCW 74.15.020(2)(d) exempts facilities from licensing where parents on a mutually cooperative basis exchange care of one another's children. To qualify for this cooperative exemption:

(a) At least one parent or guardian of each child attending the facility regularly must be involved in the direct care of children at the facility;

(b) Parents or guardians must be involved in the direct care of children on a relatively equal basis; and

(c) A person other than a parent or guardian of a child at the facility must not be involved in the care of children or the operation of the facility.

(4) We do not license a center that is legally exempt from licensing per RCW 74.15.020(2). However, if the applicant requests it, we follow all licensing regulations to investigate and may certify the center as meeting licensing and other pertinent requirements. In such a case, all our licensing requirements and procedures apply equally to certification.

(5) We may certify a child care center for payment without further investigation if the center is:

(a) Licensed by an Indian tribe;

(b) Certified by the Federal Department of Defense; or

(c) Approved by the superintendent of public instruction's office.

(6) The center listed in subsection (5)(a), (b), or (c) of this section must be licensed, certified, or approved in accordance with national or state standards, or standards approved by us. It must be operated on the premises where the entity operating the center has jurisdiction.

(7) We must not license a department employee or a member of their household when the employee is involved directly, or in an administrative or supervisory capacity, in the:

- (a) Licensing or certification process;
- (b) Placement of a child in a licensed or certified center; or
- (c) Authorization of payment for the child in care.

(8) We may license a center located in a private family residence when the portion of the residence accessible to the child is:

- (a) Used exclusively for the child during the center's operating hours or while the child is in care; or
- (b) Separate from the family living quarters.

WAC 388-295-0030 **What must I do to be eligible to receive state child care subsidies?** To be eligible to receive state child care subsidies for children in your care you must:

- (1) Be licensed or certified;
- (2) Be a seasonal camp that has a contract with us and is certified by the American Camping Association;
- (3) Follow billing policies and procedure in *Child Care Subsidies: A Booklet for Licensed and Certified Child Care Providers, DSHS 22-877(X)*;
- (4) Bill us at your customary rate or the DSHS rate, whichever is less; and
- (5) Keep the attendance records as described in WAC 388-295-7030 and the invoices for state-paid children on-site for at least five years.

WAC 388-295-0040 **Do I have to follow any other regulations or have any other inspections?** (1) Prior to becoming licensed by us to operate a child care center, you must:

- (a) Have a certificate of occupancy issued by your local building department; and
 - (b) Be inspected by the state fire marshal.
- (2) In addition to the requirements of this chapter, you are also responsible for complying with any local building ordinances. Local officials are responsible for enforcing city ordinances and county codes, such as zoning and building regulations. You must contact your local building jurisdiction to determine if local ordinances are different than our standards. If you encounter conflicts or differing interpretations, contact us immediately.
- (3) We must notify the local planning office of your intention to operate a child care center within the local jurisdiction.
- (4) Other state agencies such as labor and industries, the Fire Marshal and the department of health have regulations that apply to child care centers. You are responsible to contact those agencies to obtain their regulations. The other agencies are responsible to monitor and enforce their regulations.

WAC 388-295-0050 Can I get a waiver (exception) to the minimum licensing requirements or to licensing fees? (1) In an individual case we can, if we decide you have a good reason, waive a specific requirement and can approve an alternate method for you to achieve the specific requirement if you:

- (a) Submit the request in writing to us;
- (b) Explain in detail the reason you need the waiver; and
- (c) Can demonstrate that you have an alternative method of meeting the intent of the requirement.

(2) If the waiver is approved, you must retain a copy of the written waiver approval on the child care premises.

(3) We approve a waiver request if:

- (a) You have a good reason;
- (b) We determine that approval of the waiver request will not endanger the safety or welfare of the child or take away from the quality of your service;
- (c) The request and approval is for a specific purpose or child; and
- (d) The waiver request is for a specific period of time, which must not go beyond the date the license expires.

(4) We can limit or restrict a license issued to you in combination with a waiver.

(5) Any person or agency can submit a request for a waiver of licensing fees. We may waive fees when collection of the fee would:

- (a) Not be in the best interest of public health and safety;
- (b) Be to the financial disadvantage of the state.

(6) To request a waiver to the requirements to pay a licensing fees, you must:

- (a) Submit a sworn, notarized petition requesting a waiver of fees;
- (b) Mail or deliver the petition to your local child care licensing office; and
- (c) Submit any additional documentation that we may consider relevant to your request for a waiver.

(7) You have no appeal rights to the denial of a waiver request under chapter 34.05 RCW.

WAC 388-295-0055 Can I get a dual license? We may either:

(1) Issue a child care center license to you having a license involving full-time care; or

(2) Permit simultaneous care for the child and adolescent or adult on the same premises if you:

- (a) Demonstrate evidence that care of one client category will not interfere with the quality of services provided to another category of clients;
- (b) Maintain the most stringent maximum capacity limitation for the clients categories concerned;
- (c) Request and obtain a waiver permitting dual licensure; and
- (d) Request and obtain a waiver to subsection (2) (b) of this section, if applicable.

WAC 388-295-0060 What are the requirements for applying for a license to operate a child care center? (1) To apply or re-apply for a license to operate a child care center you must:

- (a) Be twenty-one years of age or older;
 - (b) The applicant and director must attend the orientation programs the we provide, arrange or approve;
 - (c) Submit to us a completed and signed application for a child care center license or certification using our forms (with required attachments).
- (2) The application package must include the following attachments:
- (a) The annual licensing fee. The fee is based on your licensed capacity, and is forty-eight dollars for the first twelve children plus four dollars for each additional child;
 - (b) A completed criminal history and background inquiry form for yourself and for each staff person or volunteer who has regular or unsupervised access to the children in care; and
 - (c) A copy of your:
 - (i) Photo identification issued by a government entity; and
 - (ii) Social Security card that is valid for employment or verification of your employer identification number.
 - (d) An employment and education resume for:
 - (i) The person responsible for the active management of the center; and
 - (ii) The program supervisor.
 - (e) Diploma or education transcript copies of the program supervisor;
 - (f) Three professional references each, for yourself, the director, and the program supervisor;
 - (g) Articles of incorporation if you choose to be incorporated;
 - (h) List of staff (form is provided in the application);
 - (i) Written parent communication (child care handbook);
 - (j) Copy of transportation insurance policy (liability and medical);

(k) In-service training program (for agencies employing more than five persons);

(l) A floor plan of the facility drawn to scale;

(m) A copy of your health care plan reviewed and signed by an advisory physician, physician's assistant, or registered nurse;

(n) A copy of your policies and procedures that you give to parents; and

(o) A copy of your occupancy permit.

(3) You must submit your application and reapplication ninety or more calendar days before:

(a) The date you expect to open your new center;

(b) The expiration date of your current license;

(c) The date you expect to relocate your center;

(d) The date you expect to change licensee; or

(e) The date you expect a change in your license category.

WAC 388-295-0070 What personal characteristics do my volunteers, all staff and I need to provide care to children? (1) You must have the following personal characteristics in order to operate or work in a child care facility:

(a) The understanding, ability, physical health, emotional stability, good judgment and personality suited to meet the physical, intellectual, mental, emotional, and social needs of the children under your care;

(b) Be qualified by our background inquiry check (chapter 388-06 WAC) prior to having unsupervised access to children. This includes your not having committed or been convicted of child abuse or any crime involving harm to another person; and

(c) Be able to furnish the child in your care with a healthy, safe, nurturing, respectful, supportive, and responsive environment.

(2) If we decide it is necessary, you must provide to us any additional reports or information regarding you, any assistants, volunteers, members of your household or any other person having access to the child in care if any of those individuals may be unable to meet the requirements in chapter 388-295 WAC. This could include:

(a) Sexual deviancy evaluations;

(b) Substance abuse evaluations;

(c) Psychiatric evaluations; and

(d) Medical evaluations.

(3) Any evaluation requested under WAC 388-295-0070(2)(a) through (d) will be at the expense of the person being evaluated.

(4) You must give us permission to speak with the evaluator in WAC 388-295-0070(2)(a) through (d) prior to and after the evaluation.

(5) We investigate staff and volunteers, including accessing criminal histories and law enforcement files.

(6) We can also investigate members of your household and members of your staffs and volunteers households. This includes accessing criminal histories and law enforcement files.

(7) We can investigate any other person who has access to a child in care, including accessing criminal history and law enforcement files.

WAC 388-295-0080 How is my licensed capacity determined? (1) Maximum allowable capacity of your center is determined based on useable square footage and available toilets and sinks. The licensed capacity (the number of children you are allowed to have in your center at any one time) may be less than the maximum capacity, but not exceed it. The licensed capacity is based on our evaluation of the program, the ages and characteristics of the children, the experience of the staff, and usable floor space. You must have:

(a) Fifty square feet of useable floor space per infant (includes crib, playpen, infant bed and bassinets);

(b) Thirty-five square feet of useable floor space for each toddler or older child that is dedicated to the children during child care hours; and

(c) Fifteen additional square feet must be provided for each toddler using a crib or playpen when cribs are located in the sleeping and play area.

(2) The areas included in your square footage must be available at all times for the children. The following areas will not be included in determining the useable square footage for each child:

(a) Food preparation areas of the kitchen;

(b) Laundry areas;

(c) All bath, toilet rooms and handwashing areas;

(d) Hallways, diaper changing areas (includes the changing table, sink and twenty-four inches of floor space around the changing table and sink), stairways, closets, offices, staff rooms, lockers and custodial areas;

(e) Furnace rooms, hot water heater rooms, storage rooms, or mop sink rooms; and

(f) Cabinets, storage, and fixed shelving spaces unless accessible to and used by children (for example, cubbies, shelves for storing toys and puzzles, bookshelves, etc.). If the children do not have access to their cubbies or toy storage areas, it is not included in the square footage.

(3) You can use a multipurpose room and gymnasium for multiple purposes such as playing, dining, napping, and learning activities, and before and after school programs when the room:

(a) Meets the square footage requirements for the purpose and number of children to be served; and

(b) Is being used for one purpose and does not interfere with usage of the room for another purpose.

(4) You may use and consider the napping area as child care space if staff remove mats and cots when they are not in use and the children then have free access to the area.

(5) We will not issue you a license to care for more children than the rules in this chapter permit.

(6) We may issue you a license to care for fewer children than the center's maximum capacity.

WAC 388-295-0090 When will the department issue me an initial license and when are licensing fees due? We may issue an initial license to centers that have not yet begun providing care, but are accepting application for potential clients.

(1) We may issue an initial license when you can show that you are following the rules regarding the child's health and safety.

(2) We may issue an initial license if you have not yet opened for business, and so are not yet able to show that you are complying with the rules pertaining to:

(a) Staff to child interactions;

(b) Group size and staff-to-child ratios;

(c) Behavior management and discipline;

(d) Activity programs;

(e) Child records and information; and

(f) Other rules that require us to observe your facility's ability to comply with rules.

(3) You must provide us with a plan to comply with the rules listed in subsection (2)(a) through (f) of this section. We must approve of that plan.

(4) We may issue an initial license to an applicant for a period not to exceed six months, renewable for a period not to exceed two years.

(5) We evaluate your ability to comply with all rules contained in this chapter during the period of initial licensure prior to issuing a full license.

(6) We may issue a full license to you when you have demonstrated compliance with chapter 388-295 WAC at any time during the period of initial licensure.

(7) We do not issue a full license to you if you do not demonstrate the ability to comply with all rules contained in chapter 388-295 WAC during the initial licensure.

(8) You must pay licensing fees at the time you apply for an initial license and when your license is being renewed.

(9) We do not process your application until you have paid the required fee.

(10) You can pay licensing fees for:

- (a) A minimum of one year; or
- (b) The entire length of your license.

(11) You pay your fee by mailing a check or money order for the required amount to the department of social and health services, according to instructions on the licensing application.

(12) If you pay your fee one time per year, you pay the annual rate each time. The annual fee is due thirty days before each annual anniversary date of the license.

(13) If you pay for more than one year, the total fee you pay is based on the annual fee rate. For example, if you are licensed for three years and want to pay the licensing fee for the entire period at once, you multiply the annual fee by three years, and pay that amount at the time of your license application or renewal.

(14) If there is a change in your facility that places your facility in a higher fee category, we prorate the additional fee amount over the remainder of the license period.

(15) If you withdraw your application before we deny or issue a license, we refund one-half of the fee.

(16) If there is a change that requires a new license, we refund any fee that remains after your next licensing date. A new license requires a new application and fee.

(17) If we deny, revoke, or suspend your license, we do not refund your licensing fee.

(18) If you reapply for a license after we revoke or suspend your license, you must pay a new license fee.

(19) If you do not pay licensing fees when they are due, we suspend or deny your license.

WAC 388-295-0100 When can my license application be denied and when can my license be suspended or revoked? (1) If you do not meet the requirements in chapter 388-295 WAC we will deny your license application or suspend or revoke your license.

(2) If more than one person applies for a license or is licensed under this chapter to provide child care at the same facility:

- (a) We consider qualifications separately and together.
- (b) We deny the license application, or suspend or revoke the license if one person fails to meet the minimum licensing requirements.

(3) We deny, suspend, or revoke your license if you:

(a) Have been found to have abused, neglected, sexually exploited, abandoned a child or allowed such persons on the premises as defined in chapter 26.44 RCW;

(b) Have a disqualifying criminal history as listed in chapter 388-06 WAC;

- (c) Have had a license denied, suspended, or revoked for the care of adults or children in this state or any other state. However, if you demonstrate by clear and convincing evidence that you have taken enough corrective action and rehabilitation to justify the public trust to operate the center according to the rules of this chapter, we will consider issuing you a license;
 - (d) Commit or allow an illegal act to be committed on the licensed premises;
 - (e) Allow children in your care to be abused, neglected, exploited, or treated with cruelty or indifference;
 - (f) Use illegal drugs;
 - (g) Use alcohol to the extent that it interferes with your ability to provide care for the children as required by this chapter;
 - (h) Refuse to permit an authorized representative of the department, state fire marshal, or state auditor's office with official identification to:
 - (i) Inspect the premises;
 - (ii) Access your records related to the centers operation; or
 - (iii) Interview staff or children in care.
 - (i) Refuse to provide us a copy of your:
 - (i) Photo identification issued by a government entity; and
 - (ii) Social Security card that is valid for employment or verification of your employer identification number.
- (4) We deny, suspend, or revoke your license if you:
- (a) Try to get or keep a license by making false statements or leaving out important information on your application;
 - (b) Do not provide enough staff in relation to the numbers, ages, or characteristics of children in care;
 - (c) Allow a person who is not qualified by training, experience or temperament to care for or be in contact with children in care;
 - (d) Fail to provide adequate supervision to children in care;
 - (e) Do not exercise fiscal responsibility and accountability while operating the center;
 - (f) Knowingly allow an employee or volunteer on the premises that has made false statements on an application for employment or volunteer service;
 - (g) Refuse to supply additional information requested by us;
 - (h) Fail to pay fees when due;
 - (i) Fail to comply with the minimum licensing requirements set forth in this chapter or any provision of chapter 74.15 RCW; or

(j) Provide care on the premises for children of an age different from the ages for which the center is licensed.

WAC 388-295-0110 When can I be fined for not following the minimum licensing requirements? (1) We notify you in writing of our intention to impose a civil fine. We may use personal service, including by our licensor, or certified mail. The letter will include:

(a) A description of the violation and a quote of the law or rule that you have failed to meet;

(b) A statement of what you must do to come into compliance;

(c) The date by which we require compliance;

(d) Information about the maximum allowable penalty we can impose if you do not come into compliance by the given date;

(e) How you can get technical assistance services provided by us or by others; and

(f) Information about how you can to request an extension to the date you must be in compliance, if we decide you have a good reason.

(2) The length of time we establish for you to come into compliance depends on:

(a) The seriousness of the violation;

(b) The potential threat to the health, safety and welfare of children in your care; or

(c) If you have had previous opportunities to correct the deficiency and have not done so.

(3) We use the following criteria to determine if we impose a civil fine based on, but not limited to, these reasons:

(a) The child care center has previously been subject to an enforcement action for the same or similar type of violation for the same statute or rule; or

(b) The child care center has previously been given notice of the same or similar type of violation of the same law or rule; or

(c) The violation represents a potential threat to the health, safety, and/or welfare of children in care.

(4) We can impose a civil fine in addition to or at the same time as other disciplinary actions against a child care center. These include probation, suspension, or other action.

(5) You must pay any civil fines no more than twenty-eight days after you receive the notice that you have a fine. We may specify a later date.

(6) We can waive the fine if your center comes into compliance during the notification period.

(7) You must post the final notice of a civil fine in a noticeable place in your center. The notice must remain posted until we notify you that we have received your payment.

(8) Each violation of a law or rule is a separate violation. We can penalize each violation. We can impose a penalty for each day the violation continues or as a flat amount of the maximum allowable penalty.

(9) If you fail to pay your fine within ten days after the assessment becomes final, we can suspend, revoke, or not renew your license.

(10) You have the right to a hearing when we assess a civil fine under RCW 43.20A.215.

WAC 388-295-0120 **How much can I be fined?** We can impose a civil fine for the following:

(1) If we determine that an agency or child care center is operating without a license we may assess a fine of two hundred fifty dollars per day for each day you provide unlicensed child care. A fine is effective and payable within thirty days of receipt of the notification.

(2) We may impose a civil monetary fine of two hundred fifty dollars per violation per day for violation of any rules in chapter 388-295 WAC. We can assess and collect the fine with interest for each day that you fail to come into compliance.

WAC 388-295-0130 **When can I be fined for operating an unlicensed program?** (1) If we receive information that you are operating a child care center without a license, we investigate the allegation.

(2) We contact you, send you a letter, or make an on-site visit to your center to determine whether you are operating without a license.

(3) If we determine that you personally or on behalf of another person are operating a child care center without a license, we send written notification by certified mail or other method showing proof of service to the owner of the unlicensed center. This notification must contain the following:

(a) Notice to the center owner of our basis for determination that the owner is providing child care without a license and the need for us to license the center;

(b) Citation of the applicable law;

(c) The fine is effective and payable within thirty days of the agency's receipt of the notification;

(d) Information about how to contact the division of child care and early learning;

(e) The requirement that the unlicensed center owner submit an application for a license to the division of child care and early learning within thirty days of receipt of our notification;

(f) That we can forgive the fine if the center submits an application within thirty days of the notification; and

(g) The unlicensed center owner's right to an adjudicative proceeding (fair hearing) as a result of the assessment of a monetary fine and how to request an adjudicative proceeding.

WAC 388-295-0140 When can the department issue a probationary license to a child care center operator? (1) We can issue a probationary license to you based on the following factors:

- (a) Your willful or negligent failure to comply with the regulations;
- (b) Your history of noncompliance with the regulations;
- (c) How far you deviate from the regulations;
- (d) Evidence of your good faith effort to comply with the regulations; and
- (e) Any other factors relevant to your unique situation.

(2) We can issue a probationary license to you when the willful or negligent violation of the licensing requirements does not present an immediate threat to the health and well being of the children, but would be likely to do so if allowed to continue. We can also issue civil fines or other sanctions in this case. Such situations can include:

- (a) Substantiation that a child was abused or neglected while in the care of the center;
- (b) A fire safety inspection or health/sanitation inspection report that has been disapproved;
- (c) Use of unauthorized space for child care;
- (d) Inadequate supervision of children;
- (e) Under staffing for the number of children in care; and
- (f) Noncompliance with requirements addressing children's health, proper nutrition, discipline, emergency medical plan, sanitation and personal hygiene practices.

(3) You are required to notify parents when a probationary license is issued. You must:

- (a) Notify in writing the parents or guardians of all children in care that the center is in probationary status. This notification must be within five working days of your receiving notification of being placed on probationary status or being issued a probationary license. We must approve the notification before you send it; and
 - (b) Provide documentation to us that parents or guardians of all children in care have been notified. You must provide this documentation within ten working days of being notified that you have been issued a probationary license.
- (4) A probationary license can be issued for up to six months and can be extended at our discretion for an additional six months.

WAC 388-295-0150 Where can I locate my child care center or facility? (1) You must locate your child care center:

- (a) On an environmentally safe site;
 - (b) In a neighborhood free of a condition detrimental to the child's welfare; and
 - (c) In a location accessible to other services to carry out the program.
- (2) Your child care must be located in an area that is serviced by emergency fire, medical and police during the hours the children are in care.
- (3) The location of your site must be approved by the local planning department, your state fire marshal, and us.

STAFFING

WAC 388-295-1010 Who can be the director of a child care center? If you apply for a license to operate a child care center, you may be the director yourself, or you can hire a director. The director is responsible for the overall management of the center's facility and operation and ensures that the center follows the minimum licensing requirements. The director must:

- (1) Be at least twenty-one years of age or older;
- (2) Have knowledge of child development as evidenced by professional reference, education, experience, and on-the-job performance;
- (3) Have written proof of education including:
 - (a) A current child development associate certificate (CDA); or
 - (b) The following minimum number of college quarter.* credits or combination of college quarter credits and department-approved clock hours (ten clock hours equals one college credit) in early childhood education or child development:

If your center is licensed for this number of children:	Then the director must have completed at least this number of college quarter credits in early childhood education:	Of the total credits required, the minimum number that must be college quarter credits is:	And of the total credits required, the maximum number that can be department-approved clock hours is:
(i) Twelve or less	10	7	30 (replacing 3 college quarter hours)
(ii) Thirteen through 24	25	17	80 (replacing 8 college quarter hours)
(iii) Twenty-five or more	45	30	150 (replacing 15 college quarter hours)

.*Note: One college semester credit equals one and one half (1.5) college quarter hours

- (4) Have at least two years experience working with children the same age level as the center serves;

(5) Not let the provision of child care interfere with management or supervisory responsibilities;

(6) Be on the premises for the majority of the hours that care is provided and designate a person to be in charge that meets the qualifications of a lead teacher when not present; and

(7) Meet the STARS requirement and be listed in the state training and registry system (STARS).

WAC 388-295-1020 What if the director does not meet the minimum qualifications?

(1) If the director does not meet the requirements in WAC 388-295-1010, you must have a program supervisor who:

(a) Meets all the qualifications of WAC 388-295-1010;

(b) Oversees the planning and supervising of the center's learning and activity program to ensure that practices meet the WAC, are varied and developmentally appropriate; and

(c) Performs on-site program supervisory duties twenty hours or more a week and is not included in the staff to child ratio. If we request it, you must provide documentation of the twenty hours or more a week on site supervisory duties for the program supervisor.

(2) If the director does not meet the minimum requirements in WAC 388-295-1010 the director must have had at least one three credit college class in early childhood education or development.

(3) One person may be both the director and the program supervisor when qualified for both positions. The director or program supervisor must be on the premises for the majority of the hours that care is provided. If temporarily absent from the center, the director or program supervisor must leave a competent, designated staff person in charge who meets the qualifications of a lead staff person.

(4) The director or program supervisor may also serve as child care staff when that role does not interfere with management and supervisory responsibilities.

WAC 388-295-1030 Who can be a lead teacher in a child care center? The lead teacher is a child care staff person who is in charge of a child or group of children and implements the activity program. The lead teacher must:

(1) Be at least eighteen years of age or older;

(2) Have completed a high school education or the equivalent; and

(3) Have documented child development education or work experience; **or**

(4) Complete STARS training within six months of becoming a lead teacher.

WAC 388-295-1040 Who can be an assistant or aide in a child care center? You may assign a child care assistant or aide to support the lead child care staff.

(1) The assistant or aide must be:

(a) At least sixteen years of age; and

(b) Under the direct supervision of a lead child care staff person.

(2) You may assign an assistant who is age eighteen or older to care for a child or a group of children under direct supervision of a lead staff person. This person may have sole responsibility for a group of children without direct supervision by a superior for a brief period of time.

(3) You must not assign a person under the age of eighteen years sole responsibility for a group of children.

WAC 388-295-1050 **Who can be a volunteer in a child care center?** (1) You may arrange for a volunteer to support lead child care staff. The volunteer must:

(a) Be at least sixteen years of age or older; and

(b) Care for children under the direct supervision of a lead child care staff person at all times.

(2) You may count the volunteer in the staff-to-child ratio when the volunteer meets staff qualification requirements and is sixteen years of age or older.

WAC 388-295-1060 **What initial and ongoing state training and registry system (STARS) training is required for child care center staff?** The director, program supervisor and lead teachers must register with the STARS registry and complete one of the following trainings within the first six months of employment or of being granted an initial license:

(1) Twenty clock hours or two college quarter credits of basic training approved by the Washington state training registry system (STARS);

(2) Current child development associate certificate (CDA) or equivalent credential, or twelve or more college credits in early childhood education or child development; or

(3) Associate of Arts (AA), Associate of Arts and Sciences or higher college degree in early childhood education or child development.

WAC 388-295-1070 **What continuing state training and registry system (STARS) training is required for child care center staff?** (1) The director, program supervisor and lead teachers must complete ten clock hours or one college credit of continuing education yearly after completing the initial training required in WAC 388-295-1010.

(2) The director and program supervisor must have five of the ten hours in program management and administration for the first two years in the director position. Each additional year, three of the ten hours required must be in program management and administration.

(3) Agencies or organizations that have been approved by the Washington State Training and Registry System (STARS) may offer up to six clock hours of continuing education each year to their employees. The remaining four hours must be obtained from other training offered in the community.

WAC 388-295-1080 **What topics must my new staff orientation include?** You must have an orientation system in place to train each new employee and volunteer about program policies, practices, philosophies and goals. This training must include, but is not limited to, the program policies and practices listed in this chapter such as:

- (1) Minimum licensing requirements;
- (2) Planned daily activities and routines;
- (3) Child guidance and behavior management methods;
- (4) Child abuse and neglect prevention, detection, and reporting policies and procedures;
- (5) Health policies and procedures;
- (6) Communicable disease recognition and prevention;
- (7) Bloodborne pathogens;
- (8) Fire prevention, disaster plan and safety procedures;
- (9) Special health and developmental needs of the individual child;
- (10) Personnel policies, when applicable;
- (11) Limited restraint techniques;
- (12) Cultural relevancy; and
- (13) Age and developmentally appropriate practices and expectations for the age group the staff will work with.

WAC 388-295-1090 What kind of meetings or on-going training must I provide my staff? (1) You must provide or arrange for staff meetings and training opportunities for the child care staff at least quarterly; and

- (2) At a minimum, your staff and volunteers must have on-going training when there are changes:
 - (a) In your policies and procedures;
 - (b) In the equipment that you use;
 - (c) In the types of services you provide; or
 - (d) To health care plans for specific children.

WAC 388-295-1100 What are the requirements regarding first aid and cardiopulmonary resuscitation (CPR) training? (1) You must ensure that at least one person of your staff with a current basic standard first aid and age appropriate CPR certificate is present with each group of children in your center at all times. For example, if you have six different classrooms with different groups of children, you must have a staff person in each room trained in first aid and CPR.

- (2) The person providing the first aid and CPR training must be knowledgeable about current national first aid and CPR standards. The trainer must:
 - (a) Be in the medical field;
 - (b) Be in the emergency field such as an emergency medical technician or firefighter;

(c) Complete a "train the trainer" course from a reputable program such as the American Red Cross, American Heart Association, National Safety Council or labor and industries; or

(d) Work for a company that specializes in first aid and CPR training.

(3) First aid and CPR training must be updated as required on the card or certificate received by you or your staff person. The first aid and CPR cards or certificates must have a date of expiration.

WAC 388-295-1110 Who must have Human Immunodeficiency Virus (HIV), Acquired Immunodeficiency Syndrome (AIDS) and Bloodborne Pathogen training? (1) Every employee must have written proof of HIV/AIDS and Bloodborne Pathogen training that includes prevention, transmission, treatment and confidentiality issues.

(2) You must comply with applicable Washington Industrial Safety and Health Act (WISHA)/labor and industries safety and health regulations under chapter 296-823 WAC that apply to you.

WAC 388-295-1120 What are the Tuberculosis (TB) testing requirements for the staff? (1) Each employee and volunteer must have the results of a one step Mantoux TB skin test prior to starting work.

(2) New employees and volunteers do not need a TB skin test if they have written proof of:

(a) A negative Mantoux TB test in the twelve months prior to you hiring them;

(b) A previously positive Mantoux TB test with documented proof of treatment or a negative chest x-ray; or

(c) Medication therapy to treat TB.

(3) Your staff and volunteers must be re-tested for TB when you are notified that any of the staff or volunteers have been exposed to TB. They must comply with the direction of the local health jurisdictions.

PROGRAM

WAC 388-295-2010 What types of play materials, equipment and activities must I provide for the children? You must:

(1) Provide a variety of easily accessible learning and play materials of sufficient quantity to implement the centers program and meet the developmental needs of children in care.

(2) Have a current daily schedule of activities and lesson plans that are designed to meet the children's developmental, cultural, and individual needs. The toys, equipment and schedule must be:

(a) Specific for each age group of children; and

(b) Include at least one activity daily for each of the following (you can combine several of the following for one activity):

(i) Child initiated activity (free play);

(ii) Staff initiated activity (organized play);

(iii) Individual choices for play;

(iv) Creative expression;

(v) Group activity;

(vi) Quiet activity;

(vii) Active activity;

(viii) Large and small muscle activities; and

(ix) Indoor and outdoor play.

(3) You must ensure the lesson plan, daily schedule of events, available toys and equipment contains a range of learning experiences to allow each child the opportunity to:

(a) Gain self-esteem, self-awareness, self-control, and decision-making abilities;

(b) Develop socially, emotionally, intellectually, and physically;

(c) Learn about nutrition, health, and personal safety; and

(d) Experiment, create, and explore.

(4) Post the daily schedule and lesson in each room for easy reference by parents and by caregivers;

(5) Keep the daily schedule of events and lesson plans for the past six months on site for inspection;

(6) Maintain staff-to-child ratios and group size during transitions from one activity to another during the day;

(7) Plan for smooth transitions by:

(a) Establishing familiar routines; and

(b) Using transitions as a learning experience.

(8) Ensure the center's program affords the child daily opportunities for small and large muscle activities, outdoor play, and exposure to language development and books; and

(9) Afford staff classroom planning time.

WAC 388-295-2020 **How long can a child be at the center?** The child may remain in care a maximum of ten hours or less each day. If needed, you may extend the time based upon the parent's typical work schedule and travel from and to the center.

WAC 388-295-2030 **How should staff interact with children?** To facilitate interactions between the staff and children that are nurturing, respectful, supportive and responsive, you must:

- (1) Ensure staff interact with children using positive communication (for example, giving children options of what to do rather than being told what not to do);
- (2) Support the child's development in understanding themselves and others by assisting the child to share ideas, experiences, and feelings;
- (3) Provide age-appropriate opportunities for the child to grow and develop intellectually. Examples include:
 - (a) Reading readiness skills;
 - (b) Language skills development;
 - (c) Encouraging the child to ask questions;
 - (d) Counting;
 - (e) Matching objects;
 - (f) Differentiating between large and small; and
 - (g) Sorting.
- (4) Help each child solve problems with intervention as necessary;
- (5) Encourage children to be creative in their projects;
- (6) Allow independence in selecting routine activities and projects;
- (7) Show tolerance for mistakes;
- (8) Encourage children to try new activities; and
- (9) Honor all children's race, religion, culture, gender, physical ability and family structure.

WAC 388-295-2040 What behavior management and guidance practices must I have in place? You must:

- (1) Develop and implement written behavior management and guidance practices for the center;
- (2) Guide the child's behavior based on an understanding of the individual child's needs and stage of development;
- (3) Promote the child's developmentally appropriate social behavior, self-control, and respect for the rights of others;
- (4) Ensure behavior management and guidance practices that are fair, reasonable, consistent, and related to the child's behavior;
- (5) Prevent and prohibit any person on the premises from using cruel, unusual, hazardous, frightening, or humiliating discipline, including but not limited to:
 - (a) Corporal punishment including biting, jerking, shaking, spanking, slapping, hitting, striking, kicking, pinching, flicking or any other means of inflicting physical pain or causing bodily harm to the child;

(b) Verbal abuse such as yelling, shouting, name calling, shaming, making derogatory remarks about a child or the child's family, or using language that threatens, humiliates or frightens a child;

(c) The use of a physical restraint method injurious to the child, locked time-out room, or closet for disciplinary purposes; and

(d) The using or withholding of food or liquids as punishment.

(6) In emergency situations, a staff person may use limited physical restraint when:

(a) Protecting a person on the premises from serious injury;

(b) Obtaining possession of a weapon or other dangerous object; or

(c) Protecting property from serious damage.

(7) Staff who use limited restraint must complete an incident report. A copy of the incident report must be:

(a) Placed in the child's individual record; and

(b) Given to the parent.

WAC 388-295-2050 Must we provide rest periods? You must:

(1) Offer a supervised rest period to the child who is:

(a) Five years of age or younger and in care for more than six hours; or

(b) Showing a need for rest.

(2) Allow a child twenty-nine months of age or younger to follow an individual sleep schedule, and plan alternative quiet activities for the child who does not need rest.

WAC 388-295-2060 What are the requirements for evening and nighttime care? In addition to meeting the other requirements of chapter 388-295 WAC, if you offer child care during evening and nighttime hours, you must:

(1) Adapt the program, equipment, and staffing pattern to meet the physical and emotional needs of the child away from home at night such as:

(a) In centers operating past midnight, you must provide for each child a crib, mat or cot, or mattress pad, that is easily sanitized;

(b) Make arrangements for bathing as needed;

(c) Make arrangements for personal hygiene including tooth brushing;

(d) Have individual bedding appropriate for overnight sleeping; and

(e) Have separate dressing and sleeping areas for boys and girls ages six years and older or younger children demonstrating a need for privacy.

(2) Maintain the same staff-to-child ratio that is in effect during daytime care;

- (3) Keep the child within continuous visual and auditory range at all times;
- (4) Ensure that the staff in charge during evening and nighttime hours meets the requirements of a lead teacher; and
- (5) Ensure all staff attending to children in care are awake.

WAC 388-295-2070 What do I need to transport the children on off-site trips?

(1) You may transport a child or permit the child to travel off-site only with written parental consent. The purpose may be to attend school, participate in supervised field trips, or engage in other supervised off-site activities.

(2) The parent's consent may be:

(a) For a specific date or trip; or

(b) A blanket authorization describing the full range of trips the child may take. If you use a blanket authorization, you must notify the parent in writing at least twenty-four hours in advance about any specific trip.

(3) When transportation is provided by the center for children in care:

(a) The driver must have a valid Washington state driver's license to operate the type of vehicle being driven;

(b) The number of passengers cannot exceed the seating capacity of the vehicle;

(c) Either the center owner or the driver must have liability and medical insurance; and

(d) The driver, parent volunteer, or staff supervising the children being transported in each vehicle must have written documentation on file of current CPR and first-aid training.

(4) When you transport children, the vehicle used must:

(a) Have a current license and registration according to Washington state transportation laws;

(b) Be maintained in good repair and safe operating condition; and

(c) Be equipped with:

(i) At least one first-aid kit that meets the requirements of WAC 388-295-5010;

(ii) Vehicle emergency reflective triangles or other devices to alert other drivers of an emergency;

(iii) The health history and emergency information for each child in the vehicle; and

(iv) A method to call for emergency help.

(5) You must meet the child passenger restraint system requirements in RCW 46.61.687 when transporting children. Contact your local state patrol office for more information.

(6) When you transport children, you must maintain the staff-to-child ratio established for the youngest child in the group; and

(7) Staff or driver must not leave the children unattended in the motor vehicle.

WAC 388-295-2080 **What must I communicate to parents?** (1) You must have written documentation signed by the parent in each child's file that you have:

(a) Explained to the parent the centers policies and procedures;

(b) Discussed the centers philosophy, program and facilities;

(c) Advised the parent of the child's progress and issues relating to the child's care and individual practices concerning the child's special needs; and

(d) Encouraged parent participation in center activities.

(2) You must also give the parent the following written policy and procedure information:

(a) Enrollment and admission requirements;

(b) The fee and payment plan;

(c) A typical activity schedule, including hours of operation;

(d) Meals and snacks served, including guidelines on food brought from the child's home;

(e) Permission for free access by the child's parent to all center areas used by the child;

(f) Signing in and signing out requirements;

(g) Child abuse reporting law requirements;

(h) Behavior management and discipline;

(i) Nondiscrimination statement;

(j) Religious and cultural activities, if any;

(k) Transportation and field trip arrangements;

(l) Practices concerning an ill child;

(m) Medication management;

(n) Medical emergencies;

(o) Disaster preparedness plans; and

(p) If licensed for the care of an infant or toddler:

(i) Diapering;

(ii) Toilet training; and

(iii) Feeding.

WAC 388-295-2090 What are the required staff to child ratios and maximum group sizes for my center? (1) You must ensure the required staff-to-child ratios are met at all times when children are in your care. In centers licensed for thirteen or more children, the licensee must conduct group activities within the group size and staff to child ratio requirements, according to the age of the children:

If the age of the children is:	Then the staff-to-child ratio is:	And the maximum group size is:
(a) One month, through 11 months (infant)	1:4	8
(b) Twelve months through 29 months (toddler)	1:7	14
(c) Thirty months through 5 years (preschooler)	1:10	20
(d) Five years and 12 years (school-age child)	1:15	30

(2) In centers licensed for twelve or fewer children, you may combine children of different age groups, provided you:

(a) Maintain the staff-to-child ratio designated for the youngest child in the mixed group; and

(b) Provide a separate care area when four or more infants are in care. In such case the maximum group size shall be eight infants.

(3) You must conduct activities for each group in a specific room or other defined space within a larger area.

(4) You must ensure each group is under the direct supervision of a qualified staff person or team of staff involved in directing the child's activities.

(5) We may approve reasonable variations to group size limitations if you maintain required staff-to-child ratios, dependent on:

(a) Staff qualifications;

(b) Program structure; and

(c) Useable square footage.

(6) After consulting with the child's parent, you may place the individual child in a different age group and serve the child within the different age group's required staff-to-child ratio based on the child's:

(a) Developmental level; and

(b) Individual needs.

(7) You may combine children of different age groups for no more than one hour, provided you maintain the staff-to-child ratio and group size designated for the youngest child in the mixed group.

(8) In centers licensed for thirteen or more children, you may group ambulatory children between one year and two years of age with older children, provided:

- (a) The total number of children in the group does not exceed twelve; and
 - (b) Two staff are assigned to the group.
- (9) You must ensure the staff person providing direct care and supervision of the child is free of other duties at the time of care.
- (10) You must maintain required staff-to-child ratios indoors, outdoors, on field trips, and during rest periods. During rest periods, staff may be involved in other activities if:
- (a) Staff remain on the premises; and
 - (b) Each child is within continuous visual and auditory range of a staff person.
- (11) You must ensure staff:
- (a) Attend to the group of children at all times; and
 - (b) Keep each child (including school age children) within continuous visual and auditory range of center staff. Toilet trained children using the toilet must be within auditory range of a center staff member.
- (12) When only one staff person is present, you must ensure a second staff person is readily available in case of emergency.
- (13) When only one caregiver is required to meet the staff-to-child ratio, you must be sure there is coverage for emergencies to meet both ratios and worker qualifications by either:
- (a) Posting the name, address, and telephone number of a person who meets the qualifications of at least a lead teacher, who has agreed in writing to be available to provide emergency relief and who can respond immediately; or
 - (b) Having a second person that meets the qualifications of at least a lead teacher on the premises who is not needed for the staff to child ratio, but is available to provide emergency relief.
- (14) Service staff, such as cooks, janitors, or bus drivers, must not be counted in the required staff to child ratio unless they:
- (a) Meet child care worker qualifications; and
 - (b) Are acting as a child care provider and are giving full attention to the children.

WAC 388-295-2100 What are the exceptions to group sizes and staff to child ratios? (1) If the center is licensed for twelve or fewer children, you may combine children (excluding infants) of different age groups if you:

- (a) Maintain the staff-to-child ratio for the youngest child in the mixed group; and
 - (b) Provide a separate area when infants are in care.
- (2) You must conduct activities for each group in a specific room or other specifically defined space within a larger area;

(3) Excluding infants, you may place an individual child in a different age group and serve the child within the different age group's required staff-to-child ratio, based on the child's individual needs and developmental level. You must consult with the child's parent prior to making the change;

(4) You may combine children of different age groups for periods of no more than one hours at the beginning and end of the day provided you maintain the staff to child ratio and group size designated for the youngest child in the mixed group;

(5) You may have nine infants in a classroom with appropriate square footage if you maintain a ratio of one staff to three infants; and

(6) You can request a waiver to group size limitations. If we approve variations to group size limitations, you must maintain the required staff-to-child ratios. Our approval will depend on but is not limited to:

- (a) Staff qualifications;
- (b) Program structure;
- (c) Square footage; and
- (d) Lower staff to child ratios.

WAC 388-295-2110 Are children allowed in the kitchen when they are doing supervised activities? (1) You must be sure that children are not in the kitchen except during supervised activities.

(2) When children are in the kitchen, you must:

- (a) Supervise food preparation activities involving children; and
- (b) Make the kitchen environmentally safe for children to participate in planned kitchen activities.

WAC 388-295-2120 Are there special program requirements for infants and toddlers? (1) When you care for infants and toddlers you must:

- (a) Encourage them to handle and manipulate a variety of objects;
- (b) Provide a safe environment for climbing, moving and exploring;
- (c) Provide materials and opportunities for large and small muscle development;
- (d) Read and talk to them daily;
- (e) Provide daily indoor opportunities for freedom of movement outside their cribs, in an open, uncluttered space;
- (f) Place them in a prone (lying on the tummy) position part of the time when they are awake and staff are observing them;
- (g) Not leave them in car seats once they arrive at the center even if they are asleep; and
- (h) Not be left in playpens for extended periods of time excluding sleep time.

(i) Talk to and interact with each infant and toddler often and encourage them to respond. Naming objects and describing care encourages language development;

(j) Hold and cuddle infants and toddlers to encourage strong relationships; and

(k) Respond to and investigate cries or other signs of distress immediately.

(2) You must provide toys, objects and other play materials that:

(a) Are cleanable;

(b) Are nontoxic; and

(c) Cannot cause a choking hazard for infants or toddlers.

(3) You must not use baby walkers.

WAC 388-295-2130 Do I need an outdoor play area? (1) You must provide an outdoor program that promotes the child's coordination, active play, and physical, mental, emotional, and social development based on their age. The play area must:

(a) Adjoin the indoor premises directly or be reachable by a safe route or method;

(b) Have adequate drainage and be free from health and safety hazards;

(c) Contain a minimum of seventy-five usable square feet per child using the play area at any one time. If the center uses a rotational schedule of outdoor play periods so only a portion of the child population uses the play area at one time, you may reduce correspondingly the child's play area size.

(2) If you provide full-time care, the activity schedule must provide the child daily morning and afternoon outdoor play;

(3) If you provide drop-in care only, at our discretion we may approve equivalent, separate, indoor space for the child's large muscle play;

(4) You must ensure appropriate child grouping by developmental or age levels, staff-to-child ratio adherence, and maintain group size;

(5) Staff must be outdoors with the children in continuous visual and auditory range;

(6) You must provide a variety of age-appropriate play equipment for climbing, pulling, pushing, riding and balancing activities; and

(7) You must arrange, design, construct, and maintain equipment and ground cover to prevent child injury.

HEALTH AND NUTRITION

WAC 388-295-3010 What kind of health policies and procedures must I have? (1) You must have written health policies and procedures that are:

(a) Written in a clear and easily understood manner;

- (b) Shared with all new staff during orientation;
 - (c) Posted for staff and families to review; and
 - (d) Reviewed and signed by a physician, a physician's assistant or registered nurse when you change your policies and procedures or type of care that you provide, or at least every three years when you are due for re-licensor. (For example, if you go from caring for children from twelve months and older to caring for infants, you must update your health policies and procedures and have them reviewed and signed.)
- (2) Your health policies and procedures must have information on how you plan to:
- (a) Provide general cleaning of areas including but not limited to bathrooms, floors, walls, and doorknobs;
 - (b) Clean and sanitize areas including but not limited to food contact surfaces, kitchen equipment, diapering areas, toys, toileting equipment and areas, equipment that might be shared with several children such as sleep mats, cribs or high chairs;
 - (c) Prevent, manage and report communicable diseases;
 - (d) Handle minor injuries such as nosebleeds, scrapes and bruises;
 - (e) Provide first aid;
 - (f) Screen children daily for illnesses;
 - (g) Notify parents that children have been exposed to infectious diseases and parasites;
 - (h) Handle minor illnesses;
 - (i) Handle major injuries and medical emergencies that require emergency medical treatment or hospitalization;
 - (j) Manage medication;
 - (k) Assist with handwashing and general hygiene including diapering and toileting;
 - (l) Handle food;
 - (m) Provide nutritious meals and snacks;
 - (n) Respond during any disasters;
 - (o) Care for children that may have special needs;
 - (p) Care for infants and obtain infant nurse consultation (if licensed for four or more infants); and
 - (q) Place infants to sleep on their backs to reduce the risk of Sudden Infant Death Syndrome (SIDS).
- (3) Your health policies and procedures must have information on when you plan to:

- (a) Require ill children to stay home and for how long;
- (b) Allow the ill child to return; and
- (c) Call a parent to pick up their child and how you will care for the child until the parent arrives.

WAC 388-295-3020 How often must staff wash their hands? Staff and volunteers must wash their hands with soap and warm water:

- (1) When arriving at work;
- (2) After toileting a child;
- (3) Before, during (may use wet wipe) and after diapering a child;
- (4) After personal toileting;
- (5) After attending to an ill child;
- (6) Before and after preparing, serving, or eating food;
- (7) Before and after giving medication;
- (8) After handling, feeding or cleaning up after animals;
- (9) After handling bodily fluids;
- (10) After smoking;
- (11) After being outdoors or involved in outdoor play; and
- (12) As needed.

WAC 388-295-3030 When is a child or staff member too ill to be at child care?

- (1) Your staff must check all children for signs of illness when they arrive at the center and throughout the day.
- (2) You must exclude children and staff with the following symptoms from care:
 - (a) Diarrhea (three or more watery stools or one bloody stool within twenty-four hours);
 - (b) Vomiting (two or more times within twenty-four hours);
 - (c) Open or oozing sores, unless properly covered with cloths or with bandages;
 - (d) For suspected communicable skin infection such as impetigo, pinkeye, and scabies: The child may return twenty-four hours after starting antibiotic treatment;
 - (e) Lice or nits; and
 - (f) Fever of 100 degrees Fahrenheit or higher and who also have one or more of the following:
 - (i) Earache;
 - (ii) Headache;

(iii) Sore throat;

(iv) Rash; or

(v) Fatigue that prevents participation in regular activities.

(3) Children and staff who have a reportable disease may not be in attendance at the child care center unless approved by the local health authority.

(4) You must not take ear or rectal temperatures. Oral temperatures can be taken for preschool through school age if single use disposable covers are used over the thermometer.

(5) When a child becomes ill or injured while in your care, you must:

(a) Keep a confidential, individualized, written record in the child's file that includes the:

(i) Date of an illness or injury;

(ii) Treatment provided while in care; and

(iii) Names of the staff providing the treatment.

(b) Provide a copy of the illness or injury report to the parent; and

(c) Keep a current, written incident log listing date of illness or injury, the child's name, names of staff involved, and a brief description of the incident for tracking and analysis.

(6) You must notify parents in writing when their children have been exposed to infectious diseases or parasites. The notification may consist of either a letter to parents or posting a notification for parents in a visible location.

(7) You are a mandated disease reporter to the health department per WAC 246-101-415. You can obtain a list of reportable diseases, timeframes for reporting and reporting phone numbers from your local health department.

WAC 388-295-3040 **How often must children wash their hands?** Children must wash their hands with soap and warm water:

(1) On arrival at the center;

(2) After using the toilet;

(3) After the child is diapered;

(4) After outdoor play;

(5) After playing with animals;

(6) After touching body fluids (such as blood or after nose blowing or sneezing); and

(7) Before and after the child eats or participates in food activities.

WAC 388-295-3050 **Am I required to give medications to the children in my care?** If a child has a condition where the Americans with Disabilities Act

(ADA) would apply you must make reasonable accommodation and give the medication.

WAC 388-295-3060 Who can provide consent for me to give medication to the children in my care? (1) Parents must give written consent before you give any child any medication. The parent's written consent must include:

- (a) Child's first and last name;
- (b) Name of medication;
- (c) Reason for giving medication;
- (d) Amount of medication to give;
- (e) How to give the medication (route);
- (f) How often to give the medication;
- (g) Start and stop dates;
- (h) Expected side effects; and
- (i) How to store the medication consistent with directions on the medication label.

(2) The parent consent form is good for the number of days stated on the medication bottle for prescriptions. You may not give medication past the days prescribed on the medication bottle even if there is medication left.

(3) You may give the following medications with written parent consent if the medication bottle label tells you how much medication to give based on the child's age and weight:

- (a) Antihistamines;
- (b) Nonaspirin fever reducers/pain relievers;
- (c) Nonnarcotic cough suppressants;
- (d) Decongestants;
- (e) Ointments or lotions intended to reduce or stop itching or dry skin;
- (f) Diaper ointments and nontalc powders, intended only for use in the diaper area; and
- (g) Sun screen for children over six months of age.

(4) All other over the counter medications must have written directions from a health care provider with prescriptive authority before giving the medication.

(5) You may not mix medications in formula or food unless you have written directions to do so from a health care provider with prescriptive authority.

(6) You may not give the medication differently than the age and weight appropriate directions or the prescription directions on the medication label unless you have written directions from a health care provider with prescriptive authority before you give the medication.

(7) If the medication label does not give the dosage directions for the child's age or weight, you must have written instructions from a health care provider with prescriptive authority in addition to the parent consent prior to giving the medication.

(8) You must have written consent from a health care provider with prescriptive authority prior to providing:

- (a) Vitamins;
- (b) Herbal supplements; and
- (c) Fluoride.

WAC 388-295-3070 **How must I store medications?** (1) You must store medications in the original container labeled with:

- (a) The child's first and last names;
- (b) If a prescription, the date the prescription was filled;
- (c) The expiration date; and
- (d) Easy to read instructions on how to give the medication (i.e., the bottle is in the original package or container with a clean and readable label).

(2) You must store medications:

- (a) In a container inaccessible to children (including staff medications);
- (b) Away from sources of moisture;
- (c) Away from heat or light;
- (d) Protected from sources of contamination;
- (e) According to specific manufacturers or pharmacists directions;
- (f) Separate from food (medications that must be refrigerated must be in a container to keep them separate from food); and
- (g) In a manner to keep external medications that go on the skin separate from internal medications that go in the mouth or are injected into the body.

(3) All controlled substances must be in a locked container.

WAC 388-295-3080 **Can I use bulk medications (use one container for all the children such as with diaper ointments)?** You can keep bulk containers of diaper ointments and nontalc type powders intended for use in the diaper area and sun screen if you:

- (1) Obtain written parental consent prior to use;
- (2) Use for no longer than six months; and
- (3) Notify the parents of the:
 - (a) Name of the product used;
 - (b) Active ingredients in the product; and

(c) Sun protective factor (SPF) in sun screen.

(4) Apply the ointments in a manner to prevent contaminating the bulk container.

WAC 388-295-3090 **How do I handle left over medication?** You must not keep old medications on site. When a child is finished with a medication, you must either:

(1) Give it back to the parent; or

(2) Dispose of it by flushing medication(s) down the toilet.

WAC 388-295-3100 **When can children take their own medication?** (1) Children can take their own medication if they:

(a) Have a written statement from the parent requesting the child take their own medication;

(b) Have a written statement from a health care provider with prescriptive authority stating that the child is physically and mentally capable of taking their own medication; and

(c) Meet all other criteria in this chapter 388-295 WAC including storage of medications.

(2) A staff member must observe and document that the child took the medication.

WAC 388-295-3110 **Do I need special equipment to give medication?** To give liquid medication you must use a measuring device designed specifically for oral or liquid medications. Parents should provide the measuring devices for individual use.

WAC 388-295-3120 **What documentation is required when giving children medication?** You must keep a confidential, written record in the child's file of:

(1) Child's full name, date, time, name of medication and amount given (indicate if self-administered);

(2) Initial of staff person giving medication or observing the child taking the medication with a corresponding signature on the medication record to validate the initials; and

(3) Provide a written explanation why a medication that should have been given was not given.

WAC 388-295-3130 **Can anyone else give medication to children in my care?** (1) Only staff persons who have been oriented to your center's medication policies and procedures can give medications.

(2) You must have documentation that the staff person has been oriented.

(3) Before a staff may administer medications they must ask parents to provide instruction on specialized medication administration procedures or observations, i.e., how to use the nebulizer, epi-pens or individual child's preference for swallowing pills.

WAC 388-295-3140 What kind of milk can I serve? (1) Only pasteurized milk or pasteurized milk products can be served to children in your care.

(2) Nondairy milk substitutes may be served only with written permission of the child's parent for children over the age of twelve months.

(3) The amount of required milk fat in the milk product is determined by the child's age:

If the age of the child is:	Then the fat content of the milk must be:
(a) Under 12 months	Full strength formula or full strength breast milk unless there is specific written instructions from a licensed health care provider.
(b) Between 12 months and 24 months	Full strength whole milk or breast milk unless there is specific written instruction from a licensed health care provider.
(c) Over 24 months	With or without fat content of providers or parents choice.

WAC 388-295-3150 How many meals and snacks must I serve? (1) The number of meals or snacks you must serve is based on the number of hours you are open.

If you are open:	You must serve at least:
(a) Nine hours or less	(i) Two snacks and one meal; or (ii) One snack and two meals.
(b) Over nine hours	(i) Two snacks and two meals; or (ii) Three snacks and one meal.

(2) You must also offer:

(a) Food at intervals not less than two hours and not more than three and one-half hours apart;

(b) Breakfast or snack to children in morning care whether or not the child ate before arriving at the center;

(c) Breakfast to the child in nighttime care if the child remains at the center after the child's usual breakfast time;

(d) A snack or meal for children arriving after school;

(e) Dinner to children in nighttime care if the children are at the center after their usual dinnertime or have not had dinner; and

(f) An evening snack to children in nighttime care.

WAC 388-295-3160 What kind of food and menus must I have? (1) You must:

(a) Prepare, date, and conspicuously post menus one week or more in advance, containing the meals and snacks to be served;

(b) Provide two weeks or more of meal and snack menu variety before repeating the menu;

(c) Keep six months of past menus on-site for inspection by the department;

(d) Make substitutions of comparable nutrient value and record changes on the menu, when needed;

(e) Provide daily a minimum of one serving of Vitamin C fruit, vegetable, or juice;

(f) Provide three or more times weekly foods high in Vitamin A; and

(g) Maintain at least a three day supply of food and water for emergency purposes based on the number of children in child care.

(2) Meals eaten at the center must contain the following:

(a) Each breakfast meal the child eats at the center must contain:

(i) A fruit or vegetable or one hundred percent fruit or vegetable juice.

(ii) A dairy product (such as milk, cheese, yogurt, or cottage cheese).

(iii) A grain product (such as bread, cereal, rice cake or bagel).

(b) Each lunch and dinner meal the child eats at the center must contain:

(i) A dairy product (such as milk, cottage cheese, yogurt, cheese);

(ii) Meat or meat alternative (such as beef, fish, poultry, legumes, tofu, or beans);

(iii) A grain product (such as bread, cereal, bagel, or rice cake);

(iv) Fruits or vegetables (two fruits or two vegetables or one fruit and one vegetable to equal the total portion size required). When juice is served in place of a fruit or vegetable it must be one hundred percent fruit or vegetable juice.

(3) When meals are not provided by the center you must:

(a) Notify parents in writing that meals they provide for their children must meet the daily nutritional requirements;

(b) Provide adequate refrigeration for keeping potentially hazardous foods (such as meats of any type, cooked potato, cooked legumes, cooked rice, sprouts, cut melons or cantaloupes, milk, cheese);

(c) Refrigerate foods requiring refrigeration at 45 degrees Fahrenheit or less and keep frozen foods at 10 degrees Fahrenheit or less until they are cooked or consumed.

(4) Each snack the child eats at the center must include at least two of the following four components:

(a) A milk product (such as milk, cottage cheese, yogurt, cheese);

(b) A meat or meat alternative (such as meat, legumes, beans, egg);

(c) A grain product (such as cereal, bagel, rice cake or bread); and

(d) Fruit or vegetable.

(5) Each snack or meal must include a liquid to drink. The drink could be water or one of the required components such as milk, fruit or vegetable juice.

(6) You may allow parents to bring in snacks for all the children that may not meet the nutritional requirements on special occasions such as birthdays. The snacks provided by parents must be limited to store purchased:

(a) Uncut fruits and vegetables; and

(b) Foods prepackaged in original manufacturer's containers.

(7) If a child has a food allergy or special menu requirements due to a health condition, you must:

(a) Receive written directions from the child's health care provider and parent to provide nutritional supplements (such as iron), a medically modified diet (such as a diabetic or an allergy diet). For allergy diets, the parent and child's health care provider must identify the foods the child is allergic to;

(b) Post each child's food allergies in locations where food is prepared and served;

(c) Include the allergies on the individual health care plan;

(d) Specify an alternative food with comparable nutritive value; and

(e) Notify staff of the allergies and reactions. NOTE: You can require parents to supply food for supplements and special diets.

WAC 388-295-3170 What are the food service standards I am required to meet?

You must maintain on site at least one person with a Washington state department of health food handler's permit to:

(1) Monitor and oversee food handling and service at the center; and

(2) Provide orientation and on going training as needed for all staff involved in food handling. Anyone cooking full meals must have a food handlers permit.

WAC 388-295-3180 What are approved food sources? You must:

(1) Prepare or serve food that is not tampered with or spoiled and is obtained from an approved source including, but not limited to, a licensed caterer, a food service company or a grocery store. Food sources that are not approved include:

(a) Left over food that was previously served from outside your center;

(b) Home canned, frozen or prepared food unless it is for the person's own children;

(c) Donated food from restaurants or caterers that was previously served;

(d) Game meat that has not been inspected by the USDA; and

(e) Donated meat, fish, poultry or milk that is not from a source inspected for sale.

(2) Prepare all food on site unless it is provided by a:

(a) Licensed satellite kitchen, catering kitchen or other source licensed by the local health jurisdiction; or

(b) Parent for individual children.

(3) Have a signed contract or agreement with any satellite kitchen or the catering service that you use. Your contract must include written proof that the caterer and the method of transporting the food are approved by the local health jurisdiction as meeting the requirements of the department of health, chapter 246-215 WAC.

(4) Have a written policy if you use a satellite kitchen that describes:

(a) A description of how food will be handled once it is on-site; and

(b) What back up system you will use if the food does not arrive, not enough food arrives, or the food cannot be served.

WAC 388-295-3190 How can we be sure that the food we serve is safe? (1) You need to develop and implement a system to monitor the temperature of potentially hazardous foods during cooking, re-heating, cooling, storing, and hot and cold holding temperatures to be sure that:

(a) Food will be cooked to at least the minimum correct internal temperature:

(i) Ground beef and pork sausage 155 degrees Fahrenheit;

(ii) Pork 150 degrees Fahrenheit;

(iii) Fish and seafood 140 degrees Fahrenheit;

(iv) Poultry and stuffing 165 degrees Fahrenheit;

(v) Eggs 140 degrees Fahrenheit;

(vi) Beef (not ground) and lamb 140 degrees Fahrenheit.

(b) Previously prepared food is reheated one time only to an internal temperature of 165 degrees Fahrenheit within sixty minutes;

(c) Hot food is kept at a temperature of 140 degrees Fahrenheit or above until served;

(d) Cold food is kept at a temperature of 45 degrees Fahrenheit or less;

(e) Refrigerators have a thermometer in or near the door and are kept at 45 degrees Fahrenheit or less; and

(f) Freezers have a thermometer in or near the door and are kept at 10 degrees Fahrenheit or less.

(2) You must develop a system to record the temperature of each perishable food once it arrives from a satellite kitchen or a catering service. The system must include keeping records on site for six months with the following information:

(a) The name and the temperature of the food;

(b) The date and time the temperature was checked; and

(c) The name and signature or recognized initials of the person who is checking and recording the food temperatures.

(3) You may serve previously prepared food that has not been previously served if it was stored at the proper temperature for less than forty-eight hours after preparation. Leftover foods or open foods in the refrigerator must be labeled with the date that they were opened or cooked.

WAC 388-295-3200 How do we safely store food? You must store food:

- (1) In the original containers or in clean, labeled containers that are airtight and off the floor;
- (2) In a manner that prevents contamination from other sources;
- (3) In an area separate from toxic materials such as cleaning supplies, paint, or pesticides;
- (4) That is not past the manufacturer's expiration or freshness date;
- (5) In a refrigerator or freezer if cooling is required;
- (6) Raw meat, poultry or fish in the refrigerator, below cooked or ready to eat foods;
- (7) Foods not requiring refrigeration at least six inches above the floor in a clean, dry, ventilated storeroom or other areas; and
- (8) Dry bulk foods not in their original containers, in containers with tight fitting covers. Containers must be labeled and dated.

WAC 388-295-3210 How do we safely thaw foods? You must thaw food by one of the following methods:

- (1) In a refrigerator;
- (2) Under cool running water, in a pan placed in a sink with the stopper removed;
- (3) In a microwave, if the food is to be cooked immediately; or
- (4) As part of the continuous cooking process.

WAC 388-295-3220 What type of kitchen material and equipment is required? You need the following equipment to cook and serve meals without restrictions on the type of menus or foods that you can cook, serve or store:

- (1) Kitchen walls, counter tops, floors, cabinets and shelves that are:
 - (a) Maintained in good repair to include being properly sealed without chips or cracks;
 - (b) Moisture resistant; and
 - (c) Maintained in a clean and sanitary condition.
- (2) A range with a properly vented hood or exhaust fan, except when serving only snacks;
- (3) A refrigerator, freezer or a combination refrigerator with sufficient space for proper storage and cooling of food;

(4) Handwashing facilities located in or adjacent to the food preparation area with hand washing procedures posted at each sink used for hand washing and followed by all persons who participate in food preparation.

(5) A method to clean and sanitize equipment using:

(a) A two compartment sink and an automatic dishwasher capable of reaching a temperature of 140 degrees Fahrenheit; or

(b) The means to appropriately clean and sanitize dishes and utensils through the use of a three compartment sink method where sink one is used to wash, sink two is used to rinse, and sink three contains a sanitizing ingredient;

(6) You may use a microwave oven to reheat foods if the food is:

(a) Rotated or stirred during heating;

(b) Covered to retain moisture; and

(c) Held for two minutes prior to serving to allow the temperature to spread evenly throughout the food.

WAC 388-295-3230 What type of eating and drinking equipment must I provide?

(1) You must provide eating and drinking equipment that is:

(a) Cleaned and sanitized between use by different children;

(b) Free from cracks or chips;

(c) Individual; and

(d) Developmentally appropriate.

(2) You must not directly serve food on the table without a plate or paper napkin;

(3) You must use gloves, tongs, or spoons to serve food;

(4) You may have inclined jet-type drinking fountains. Bubble-type drinking fountains and drinking fountains attached to or part of sinks used for any purpose other than the drinking fountain cannot be used; and

(5) You must not have drinking fountains in restrooms.

CARE OF YOUNG CHILDREN

WAC 388-295-4010 At what age can we accept infants into care? You must not accept an infant into care that is less than one month of age.

WAC 388-295-4020 How do we meet the nutritional needs of the infants in our care? You must:

(1) Have written policies on providing, preparing, storing and sanitizing infant formula, food and utensils; and

(2) Work with the infant's parent to develop a plan for the infant's feedings that is acceptable to the parent and incorporates the following guidelines:

Developmental Stage/Age of Infant	Type of Feeding
(a) Under 4 months of age	Serve only formula or breast milk

	unless you have a written order from the child's health care provider.
(b) When baby can: (at about 4-6 months of age) Sit with support Hold head steady Close lips over the spoon Keep food in mouth and swallow it.	Serve only formula or breast milk unless you have a written order from the child's health care provider. Begin iron fortified baby cereal and plain pureed fruits and vegetables upon consultation with parents.
(c) When baby can: (at about 6-8 months) Sit without support Begin to chew Sip from a cup with help Grasp and hold onto things	Serve only formula or breast milk unless you have a written order from the child's health care provider. Start small amounts of juice, or water in a cup. Let baby begin to feed self. Start semi-solid foods such as cottage cheese, mashed tofu, mashed soft vegetables or fruits.
(d) When baby can: (at about 8-10 months) Take a bite of food Pick up finger foods and get them into the mouth Begin to hold a cup while sipping from it	Serve only formula or breast milk unless you have a written order from the child's health care provider. Small pieces of cheese, tofu, chicken, turkey, fish or ground meat. Small pieces of soft cooked vegetables, peeled soft fruits. Toasted bread squares, unsalted crackers or pieces of soft tortilla. Cooked plain rice or noodles. Only formula, breast milk, juice or water in the cup.
(e) When a baby can: (10-12 months) Finger Feed Chew and swallow soft, mashed and chopped foods Start to hold and use a spoon Drink from a cup	Serve only formula or breast milk unless you have a written order from the child's health care provider. Begin offering small sized, cooked foods. Variety of whole grain cereals, bread and crackers, tortillas. Cooked soft meats, mashed legumes (lentils, pinto beans, kidney beans, etc.), cooked egg yolks, soft casseroles.
(f) When a baby can eat a variety of foods from all food groups without signs of an allergic reaction	Fruit pieces and cooked vegetables. Yogurt, cheese slices.

	Offer small amounts of formula, breast milk or water in the cup during meals.
--	---

WAC 388-295-4030 **What is a safe way to prepare bottles?** (1) Parents may bring from home filled bottles labeled with the infant's name for daily use (see WAC 388-295-4040).

(2) To prepare bottles you must:

- (a) Prepare and fill bottles by washing hands prior to bottle preparation;
- (b) Use a sink that is only for bottle preparation, other food preparation or other approved source of water. Water from a handwashing sink may not be used for bottle preparation;
- (c) Do not heat a bottle in a microwave or allow bottles to warm at room temperature for more than an hour, to limit bacterial growth; and
- (d) Bottles must be warmed under running warm water or placed in a container of water that is not warmer than 120 degrees Fahrenheit.

(3) The bottle preparation area including the sink must:

- (a) Be located at least eight feet from the outermost edge of diaper changing tables or counters and sinks used for diaper changing; or
- (b) Have a barrier to prevent cross-contamination that is placed between the sink used for food or bottle preparation and the diaper changing table, counter or sink. If a barrier is used, it must be:
 - (i) Solid (without cracks or breaks);
 - (ii) Sealed;
 - (iii) Moisture-resistant; and
 - (iv) At least twenty-four inches in height from the counter surface.
- (4) If the infant room does not have a sink that is dedicated to bottle and food preparation, you must provide a clean source of water for preparing bottles such as getting water from the kitchen and keeping it in a container with an airtight cover that:

- (a) Is located at least eight feet from the outermost edge of diaper changing tables or counters and sinks used for diaper changing; or
- (b) Has a barrier that meets the requirements in WAC 388-295-4030(3)(b) to prevent cross-contamination that is placed between the sink used for food or bottle preparation and the diaper changing table, counter or sink.

WAC 388-295-4040 **What is a safe way to store infant formula and food?** To store bottles, formula or infant food, you must:

- (1) Label all bottles with the infant's full name and the date the bottle was filled to be sure the correct formula or breast milk is given to each infant;
- (2) Have a refrigerator accessible to staff to store bottles and unserved, leftover infant food;

(3) Throw away the contents of any bottle not fully consumed within one hour. Do not put bottles that have been used back into the refrigerator;

(4) Throw away or return to the family any unused bottle contents within twelve hours of preparing or arriving at the center;

(5) Not serve infant formula past the expiration date on the manufacturers container; and

(6) Keep bottle nipples covered when not in use to reduce risk of cross contamination and exposure.

WAC 388-295-4050 What is a safe way to store breast milk? You can keep frozen breast milk if you:

(1) Label the contents with the child's name and date it was brought into the center;

(2) Store the frozen breast milk at 10 degrees Fahrenheit or less;

(3) Thaw the breast milk in the refrigerator, under warm running water or in a pan of warm water; and

(4) Keep frozen breast milk in the center for no more than two weeks.

WAC 388-295-4060 What is a correct way to clean bottles and nipples? Bottles, bottle caps, nipples and other equipment used for bottle feeding must not be reused without first being cleaned and sanitized by:

(1) Washing in a dishwasher; or

(2) Washing, rinsing and boiling for one minute.

WAC 388-295-4070 Are there specific rules for feeding infants and toddlers?

(1) Infants must be fed according to their need rather than according to an adult prescribed time schedule.

(2) While feeding infants:

(a) Hold infants for bottle feedings to prevent choking;

(b) Place infants who can sit in high chairs or at an appropriate child-sized table and chairs for feeding and sit facing the child during the feeding;

(c) Do not prop a bottle;

(d) To prevent tooth decay:

(i) Do not give a bottle to a reclining child unless the bottle contains only water; and

(ii) Offer juice only from a cup.

(e) Take the bottle from the child when the child finishes feeding.

WAC 388-295-4080 When should I begin toilet training a child? Toilet training is initiated with consultation with parents:

(1) Using positive reinforcement;

- (2) Cultural sensitivity;
- (3) Not using foods as a reinforcement; and
- (4) Following a routine established between the parent and you.

WAC 388-295-4090 Can we use potty-chairs for toilet training? You may use potty-chairs that are:

- (1) Located in the toilet room or similar area that meets the requirements of WAC 388-295-5100 designed for toileting;
- (2) On a floor that is moisture resistant and washable;
- (3) Immediately emptied into a toilet; and
- (4) Cleaned in a designated sink or utility sink separate from classrooms and sanitized after each use. The sink must also be cleaned and sanitized after cleaning potty-chairs.

WAC 388-295-4100 What sleep equipment do I need for infants? (1) You must not sleep infants in infant or car seats.

(2) You must provide each infant with a single-level crib (stacking cribs must not be used), infant bed, bassinet or playpen for napping until you and the parent agree that the child can safely use a mat, cot or other approved sleeping equipment.

(3) Cribs, if used, must:

- (a) Be sturdy and made of wood, metal or plastic with a secure latching device;
- (b) Be constructed with vertical slats that are no more than two and three-eighths inches apart or be solid plexiglas;
- (c) Have corner posts that extend less than one-sixteenth of an inch above the sides and railing;
- (d) Not have cutout designs on the end panels;
- (e) Have a rail height and end panel as measured from the top of the rail or panel in its lowest position to the top of the mattress support in its highest position of at least nine inches;
- (f) Have a rail height and end panel as measured from the top of the rail or panel in its highest position to the top of the mattress support in its lowest position of at least twenty-six inches; and
- (g) Not use crib bumper pads, stuffed toys, quilts, lambskins, and pillows in cribs, infant beds, bassinets or playpens.

(4) You must provide a crib, infant bed, playpen or bassinet mattress that is:

- (a) Snug fitting and touches each side of the crib to prevent the infant from becoming entrapped between the mattress and crib side rails;
- (b) Waterproof; and

(c) Easily cleaned and sanitized, without tears or tape.

(5) To allow walking room between cribs and reduce the spread of germs you must:

(a) Space cribs a minimum of thirty inches apart. You may place cribs end to end if you provide a barrier. If you use barriers, staff must be able to observe and have immediate access to each child.

(b) Provide a moisture resistant and easily cleanable solid barrier on the side or end adjacent to another crib.

(6) You must provide:

(a) An appropriate fitting sheet or cover for the sleeping surface; and

(b) A clean light weight blanket or suitable cover for the child.

(7) You must launder bedding at least weekly and more often if becomes soiled.

WAC 388-295-4110 What additional sleeping arrangements must I make to reduce the risk of Sudden Infant Death Syndrome (SIDS)? (1) You must put infants to sleep on their backs to reduce the risk of SIDS unless you have a written note in the infant's file from both the parent and the infant's health care provider requesting another sleeping position.

(2) Once infants are able to turn over, continue to place them on their back to sleep. You do not need to wake the infants to return them to their back while sleeping.

WAC 388-295-4120 What must I do to be sure that diaper changing is safe and does not spread infections? (1) Your diaper changing table and area must:

(a) Have a washable, moisture resistant diaper-changing surface that is cleaned and sanitized between children;

(b) Be a table or counter with a protective barrier on all sides that is at least three and one-half inches higher than the surface that the child lays on;

(c) Have a garbage can with a lid, plastic liner, and method for disposing of hand drying supplies so that a garbage can lid does not have to be opened with hands;

(d) Be on moisture impervious and washable flooring that extends at least two feet surrounding the diaper changing and handwashing area; and

(e) Be directly adjacent to a sink used for hand washing supplied with:

(i) Warm running water (between 85 degrees Fahrenheit and 120 degrees Fahrenheit);

(ii) Soap; and

(iii) A sanitary method for drying hands (single use towels).

(2) You must have the diaper changing procedure posted and must follow the steps included.

- (3) You must not leave the child unattended during the diaper change.
- (4) You must not use the safety belts on diaper changing tables because they are neither cleanable nor safe.
- (5) You must not place anything on the diaper-changing table, counter or sink except the child, changing pad and diaper changing supplies.
- (6) Disposable diapers must be:
 - (a) Placed into a covered, plastic-lined, hands free covered container;
 - (b) Removed from the facility and the liner changed at least daily and more often if odor is present; and
 - (c) Disposed of according to local disposal requirements.
- (7) Re-useable diapers must be:
 - (a) Individually bagged and placed without rinsing into a separate, cleanable, covered container equipped with a waterproof liner before transporting to the laundry, given to the commercial service or returned to parents for laundry; and
 - (b) Removed from the facility daily or more often if odor is present.

WAC 388-295-4130 **Do I need a nurse consultant?** (1) If you are licensed to care for four or more infants you must have an infant nurse consultant. The nurse consultant's duties will depend upon the needs of the center. We, center management, teachers, and observations/assessments of the nurse consultant can identify the needs.

- (2) If you are required to have an infant nurse consultant, you must:
 - (a) Have a written agreement with a nurse consultant who is a currently licensed registered nurse (RN) who has either worked in pediatrics (care of children) or public health in the past year or has taken or taught classes in pediatric nursing at the college level in the past five years;
 - (b) Have at least one monthly on-site visit from your nurse consultant when you have infants enrolled (you may skip the monthly visit if no infants are enrolled);
 - (c) Have the nurse or a designee that meets the requirements of a nurse consultant available by phone as needed; and
 - (d) Have written notes of the nurse consultant visit on-site that includes topics discussed, areas of concern, date and signature.

WAC 388-295-4140 **When are children required to have a change of clothing on site?** (1) You are required to have extra clothing available for the children who wet or soil their clothes.

- (2) You may require the parent to provide the clothing, but you must have clothing available for use in case the parent forgets the change of clothing.

SAFETY AND ENVIRONMENT

WAC 388-295-5010 What first aid supplies are required in my center? (1) You must maintain on the premises adequate first aid supplies conforming to the center's first aid policies and procedures. The center's first aid supplies must include:

- (a) A supply for each vehicle used to transport children; and
- (b) A portable supply, which can be taken on walks and field trips.
- (2) You must store first aid supplies:
 - (a) Inaccessible to children;
 - (b) In an area easily accessible to staff;
 - (c) Separate from food; and
 - (d) In a clean and safe manner to prevent contamination such as in a tackle box or other container, away from chemicals and moisture.
- (3) Your first aid kit must include at least:
 - (a) A current first-aid manual;
 - (b) Sterile gauze pads;
 - (c) Small scissors;
 - (d) Band-Aids of various sizes;
 - (e) Roller bandages;
 - (f) Large triangular bandage (sling);
 - (g) Nonsterile protective gloves;
 - (h) Adhesive tape;
 - (i) Tweezers;
 - (j) One-way CPR barrier or mask; and
 - (k) At least one unexpired bottle of Syrup of Ipecac that must be given only at the direction of a poison control center.

WAC 388-295-5020 How do I maintain a safe environment? (1) You must maintain the building, equipment and premises in a safe manner that protects the children from injury hazards including but not limited to:

- (a) Burns (for example: chemicals or other potentially flammable substances);
- (b) Drowning;
- (c) Choking (for example: ropes, wires, blind cords, fences not meeting requirements);
- (d) Cuts (for example: broken glass, sharp objects, abrasive surfaces);

- (e) Entrapments (for example: the following items must not have openings between three and one-half inches and nine inches wide: Deck and fence rails, stair rails or other equipment);
 - (f) Falls from excessive heights;
 - (g) Gunshots by ensuring no firearm or another weapon is on the premises;
 - (h) Hearing loss by keeping noise at a level where a normal conversation can be heard;
 - (i) Objects falling on the children (for example: heavy items on open shelving that could fall in an earthquake or similar emergency);
 - (j) Pinches from equipment (for example: broken or cracked areas);
 - (k) Poison (such as cleaning supplies or lead-based paint);
 - (l) Puncture (for example: equipment, building edges or playground equipment with sharp points or jagged edges);
 - (m) Shear or crush (for example: lawn and garden equipment used for yard maintenance);
 - (n) Shock by electricity;
 - (o) Trap (for example: compost bins, old freezers, dryers or refrigerators); and
 - (p) Trip (for example: cable wires, ropes, jagged or cracked walkways).
- (2) To further prevent injuries, you must
- (a) Provide child height handrails on at least one side of the steps, stairways, and ramps;
 - (b) Provide guardrails for elevated play areas and stairs;
 - (c) Use listed tamper resistant receptacles or use tamper resistant, nonmoveable, nonremovable cover plates in areas accessible to children preschool age and younger;
 - (d) Shield light bulbs and tubes by using a protective barrier to prevent shattering into child-accessible areas, food, and storage areas;
 - (e) Provide screens for windows or limit the opening capability of any windows within reach of children to less than three and one-half inches. Windows with limited opening capabilities cannot be the designated fire escape window. Windows protected with guards must not block outdoor light or air in areas used by children;
 - (f) Provide a barrier for glass areas such as windows or sliding glass doors that extend down to the child's eye level by placing a barrier between the child and glass or something placed on the glass at the child's eye level such as stickers or art work so that the child does not try to go through the solid glass;
 - (g) Not place cribs, play pens, bassinets, infant beds, indoor climbing structures next to windows unless of safety glass; and

(h) When using heaters capable of reaching 110 degrees Fahrenheit on the surface, you must protect children from burn hazards by making them inaccessible to children or locating them where children cannot reach them.

(3) You may not use portable heaters.

(4) You must implement a method to monitor entrance and exit doors to prevent children from exiting the buildings unsupervised. You may use:

(a) A door alarm;

(b) A bell that can be heard throughout the building;

(c) Adult supervision at the exits; or

(d) Other method to alert the staff (you may not lock the door to prevent an exit. It is against the fire code).

(5) You must maintain one or more telephones on the premises in working order that is accessible to staff at all times.

(6) You must maintain a flashlight or other emergency lighting device in working condition.

WAC 388-295-5030 **What do I need to include in my disaster plan?** (1) You must develop and implement a disaster plan designed for response to fire, natural disasters and other emergencies. The plan must address what you are going to do if there is a disaster and parents are not able to get to their children for two or three days.

(2) The fire plan must follow the requirements in chapter 212-12 WAC or the state fire marshal requirements.

(3) In areas where local emergency plans are in place, such as school district emergency plan, centers may follow those procedures and actions in developing their own plan.

(4) The disaster plan must be:

(a) Specific to the child care center;

(b) Relevant to the types of disasters that might occur in the location of your child care center;

(c) Able to be implemented during hours of operation; and

(d) Posted in every classroom for easy access by parents and staff.

(5) Your disaster plan must identify:

(a) The designated position of the person (example: director, lead teacher, program supervisor, etc.) who is responsible for each part of the plan;

(b) Procedures for accounting for all children and staff during and after the emergency;

(c) How you evacuate their premises, if necessary, and the meeting location after evacuation;

- (d) How you care for children with special needs during and after the disaster;
 - (e) How you provide for children until parents are able to pick them up;
 - (f) How you contact parents or how parents can contact the child care center; and
 - (g) Transportation arrangements, if necessary.
- (6) The director, staff and parents must read, review and sign the disaster plan annually. Your written records must include signatures and dates of persons completing the annual disaster plan review on-site.
- (7) In addition to the requirements for fire drills and training set forth by the state fire marshal in chapter 212-12 WAC, you must:
- (a) Document staff education and training of the disaster plan;
 - (b) Conduct and document quarterly disaster drills for children and staff (you do not have to conduct a drill quarterly for each potential disaster - just one drill per quarter);
 - (c) Keep written documentation of the drills on-site; and
 - (d) Debrief and evaluate the plan in writing after each disaster incident or drill.
- (8) You must keep the twelve month record indicating the date and time you conducted the required monthly fire evacuation drills on-site for the current year plus the previous calendar year.

WAC 388-295-5040 How do I maintain a clean and sanitized environment? (1)

Surfaces must be easily cleanable. A cleanable surface is one that is:

- (a) Designed to be cleaned frequently;
 - (b) Moisture-resistant; and
 - (c) Free from cracks, chips or tears.
- (2) Examples of cleanable surfaces include linoleum, tile, sealed wood, and plastic.
- (3) You must maintain the building, equipment and premises in a clean and sanitary manner that protects the children from illness including but not limited to:
- (a) Ensure that floors around sinks, toilets, diaper change areas and potty chairs are moisture resistant and easily cleanable for at least twenty-four inches surrounding the surfaces; and
 - (b) Take measures to control rodents, fleas, cockroaches, and other pests in and around the center premises such as:
 - (i) Keep all trash and garbage cans tightly sealed;
 - (ii) Screen open windows and doors;

- (iii) Seal and store food properly; and
- (iv) Keep floors and other areas free from crumbs and food debris.
- (4) Surfaces can be cleaned:
 - (a) With any cleaning solution such as soap and water, cleanser or cleaning spray;
 - (b) With a concentration according to label directions; and
 - (c) Rinsed as needed per label directions.
- (5) You may use a bleach solution to sanitize in the following areas:
 - (a) Diapering areas;
 - (b) Surfaces exposed to body fluids;
 - (c) Bathrooms and bathroom equipment;
 - (d) Table tops;
 - (e) High chairs;
 - (f) Toys;
 - (g) Dishes;
 - (h) Floors; and
 - (i) Sleeping mats.
- (6) You may use any solution that is intended for sanitizing if the solution is approved by the department. When you use a product other than bleach to sanitize, you must:
 - (a) Follow the label directions for use including concentration, contact time and rinsing; and
 - (b) Be sure that if you use the product on food contact surfaces and items that children might put into their mouths, the label states the product is safe for food contact surfaces.
- (7) The following are surfaces that need to be cleaned and sanitized and a minimum schedule for that cleaning:
 - (a) Tables and counters used for food serving and high chairs before and after each meal or snack;
 - (b) Sinks, counters and floors daily, or more often if necessary;
 - (c) Refrigerators monthly or more often as needed;
 - (d) Bathrooms (including sinks, toilets, counters and floors) daily and more often if necessary;
 - (e) Floors will be swept, cleaned and sanitized daily;

- (f) Carpet vacuumed at least daily and shampooed as needed but at least every six months;
 - (g) Toys that children place in their mouth between use by different children;
 - (h) Infant and toddler toys daily; and
 - (i) Sleeping mats, cribs and other forms of bedding between use by different children and at least weekly.
- (8) Your health policies and procedures must describe your frequency for general cleaning, dusting, cleaning toys, toy shelves, and equipment.

WAC 388-295-5050 How can I make sure water activities are as safe and sanitary as possible? (1) To ensure that the children are safe with a swimming pool on the premises, you must:

- (a) Ensure that pools are inaccessible to children when not in use;
 - (b) Provide a certified lifeguard at all times in addition to required staff, when children use a swimming pool; and
 - (c) Follow any guidelines established by your local health jurisdiction or the state department of health.
- (2) You must prohibit children from using or having access to a hot tub spa, small portable wading pools, whirlpool, or other similar equipment.
- (3) If you have a water table you must empty and sanitize water tables or similar water play containers after each use and more often if necessary.

WAC 388-295-5060 How must I store maintenance and janitorial supplies? (1) You must provide safe storage for flammable and combustible liquids and chemicals used for maintenance purposes and operation of equipment. They must be in a location designed to prevent child access at all times. The liquids and chemicals must be:

- (a) Stored in original containers or in department approved safety containers that identify contents;
 - (b) Stored to comply with fire safety regulations adopted by the state fire marshal's office; and
 - (c) Ventilated either by mechanical ventilation to the outdoors or through a window that opens on the exterior wall.
- (2) Your janitorial or housekeeping storage must have:
- (a) Floor surfaces that are moisture impervious and easily cleanable;
 - (b) A designated utility or service sink for disposing of wastewater; and
 - (c) A place for mop storage that is ventilated to the outside.

WAC 388-295-5070 How do I make sure my water is safe? (1) You must have hot and cold running water.

- (2) Hot water that is accessible to children must be between 85 degrees Fahrenheit and 120 degrees Fahrenheit.

(3) To be sure your water is safe for drinking, cleaning, cooking and handwashing, you must:

(a) Receive drinking water from a public water system approved by and maintained in compliance with either the department of health or a local health jurisdiction under chapter 246-290 WAC (Group A systems) or chapter 246-291 WAC (Group B systems); or

(b) Have a source of potable water approved for child care center use by the state department of health or the local health jurisdiction; and

(c) Take any other actions required or requested by the state department of health, the local health jurisdiction or the department of social and health services to ensure the safety and reliability of the water supply.

(4) If your water connection is interrupted or your water source becomes contaminated:

(a) A correction must be made within twenty-four hours or the facility must close until corrections can be made; or

(b) The facility must obtain an alternative source of potable water approved by the state department of health or local health jurisdiction in an amount adequate to ensure the requirements in this chapter for safe drinking water, handwashing, sanitizing, dishwashing, and cooking are met.

WAC 388-295-5080 **How do I safely get rid of sewage and liquid wastes?** (1) You must dispose of sewage and liquid waste into a public sewer system or approved on-site sewage disposal system (septic system) designed, constructed and maintained as required in chapter 246-272 and 173-240 WAC and local ordinances.

(2) If you have an on-site sewage system, you must:

(a) Have written verification that the system has been approved by the department of health or local health jurisdiction; and

(b) Locate your drain field and venting to be sure that:

(i) Playgrounds are not on and do not interfere with the access to or operation of the on-site sewage system including the drain field; and

(ii) That drain field venting does not vent onto the playground.

WAC 388-295-5090 **What are the fence requirements?** (1) You must fence the outdoor play area to:

(a) Prevent unauthorized people from entering; and

(b) Prevent children from escaping and having access to hazardous areas.

(2) At a minimum fences and gates must:

(a) Be safe, and maintained in good repair; and

(b) Be designed to discourage climbing and prevent entrapment.

WAC 388-295-5100 **What are the requirements for toilets, hand washing sinks and bathing facilities?** (1) You must provide:

- (a) A toilet room that is vented to the outdoors;
 - (b) A room with flooring that is moisture resistant and washable;
 - (c) One flush-type toilet and one adjacent sink for handwashing within auditory (hearing) range of the child care classrooms for every fifteen children and staff;
 - (d) Toileting privacy for children of opposite genders who are six years of age and older, or when a younger child demonstrates a need for privacy; and
 - (e) A mounted toilet paper dispenser within arms reach of the user with a constant supply of toilet paper for each toilet.
- (2) Children eighteen months of age or younger are not included when determining the number of required flush-type toilets.
- (3) If urinals are provided, the number of urinals must not replace more than one-third of the total required toilets.
- (4) Toilet fixture heights must be as follows:

If the age group is:	The toilet fixture height must be:
(a) Toddler: Eighteen months through 29 months	(i) Ten - 12 inches (child size); or (ii) Fourteen - 16 inches (adult size) with a safe, easily cleanable platform that is moisture impervious and slip resistant.
(b) Preschool or older: Thirty months of age through five years of age not enrolled in kindergarten or elementary school	(i) Ten - 12 inches (child size); or (ii) Fourteen - 16 inches (adult size) with a safe, easily cleanable platform that is moisture impervious and slip resistant.

- (5) Handwashing sink heights must be as follows:

If the age group is:	The sink height must be:
(a) Toddler: Twelve months through 29 months	(i) Eighteen - 22 inches; or (ii) Provide a moisture and slip resistant platform for children to safely reach and use the sink.
(b) Preschool or older: Thirty months of age through five years of age not enrolled in kindergarten or elementary school	(i) Twenty-two - 26 inches; or (ii) Provide a moisture and slip resistant platform for children to safely reach and use the sink.
(c) School age: Over five years of age or enrolled in kindergarten or elementary school	(i) Twenty-six - 30 inches; or (ii) Provide a moisture and slip resistant platform for children to safely reach and use the sink.

- (6) Infants are not included when determining the number of sinks required for handwashing.
- (7) The sink for handwashing must:

- (a) Be located in or immediately outside of each toilet room;
 - (b) Have water controls that are accessible by the intended user; and
 - (c) Not be used for food preparation, as a drinking water source or a storage area.
- (8) You must have:
- (a) Single use paper towels and dispensers; or
 - (b) Heated air-drying devices.
- (9) You must use soap from some type of dispenser to prevent the spread of bacteria from the soap.
- (10) If the center is equipped with a bathing facility, you must:
- (a) Have parent permission to bathe children;
 - (b) Equip the bathing facility with a conveniently located grab bar and a nonskid pad or surface; and
 - (c) Provide constant supervision for the child five years of age and younger and older children who require supervision.
- (11) You must make the bathing facility inaccessible to children when not in use.

WAC 388-295-5110 What are the requirements if I do laundry on the premises or off-site? (1) If you choose to do laundry on the premises or off site you must be sure the laundry is:

- (a) Cleaned and rinsed;
 - (b) Sanitized with hot water that reaches at least 140 degrees Fahrenheit or use an alternative method such as chlorine bleach that has been approved by the department;
 - (c) Stored to keep soiled linen and laundry separate from clean linen;
 - (d) Separate from kitchen and food preparation areas; and
 - (e) Inaccessible to children.
- (2) You also must ensure the dryer is ventilated to outside the building.

WAC 388-295-5120 What kind of sleep and nap equipment do I need for children not in cribs, bassinets, infant beds or playpens? Sleeping and nap equipment must be available for each toddler and preschool age child not using a crib and remaining in care for at least six hours and any other child requiring a nap or rest period.

- (1) You must:
- (a) Provide a separate, firm and waterproof mat or mattress, cot or bed for each child or have a system for cleaning the equipment between children;

- (b) Place mats or cots at least thirty inches apart at the sides and arrange children head to toe or toe to toe;
 - (c) Be sure that the bedding consists of a clean sheet or cover for the sleeping surface and a clean blanket or suitable cover for the child;
 - (d) Launder the bedding weekly or more often if necessary and between uses by different children;
 - (e) Store each child's bedding separately from bedding used by other children. Once the bedding has been used, it is considered dirty. One child's bedding cannot touch another child's bedding during storage;
 - (f) Keep mats clean and in good repair. Once a mat is torn it is not cleanable. You may not use duct tape or fabric to repair sleeping mats or mattresses; and
 - (g) Use only cots with a surface that can be cleaned with a detergent solution, disinfected and allowed to air dry.
- (2) You may not use the upper bunk of a bunk bed for children under six years of age.

WAC 388-295-5140 Are there any requirements for storage space provided for children? You must provide accessible individual storage space for each child's belongings that prevents the spread of diseases or parasites such as scabies and lice.

WAC 288-295-5150 Are there ventilation and temperature requirements for my facility? (1) You must maintain all rooms used by children at temperature of:

- (a) Sixty-eight degrees Fahrenheit to 75 degrees Fahrenheit during winter months; and
- (b) Sixty-eight degrees Fahrenheit to 82 degrees Fahrenheit during the summer months.

(2) In addition, you must:

- (a) Equip the room or building with a mechanical air cooling system or equivalent when the inside temperature of child-occupied areas exceeds 82 degrees Fahrenheit. This includes but is not limited to, swamp coolers, fans, air conditioners, or drip systems;
- (b) Not take children outdoors during extremes temperatures that put children at risk for physical harm.

WAC 388-295-5160 What do I need to know about pesticides? (1) To use pesticides, you must comply with licensing requirements of chapter 17.21 RCW (The Pesticide Application Act) which requires you to:

- (a) Establish a policy on the use of pesticides that includes your posting and notification requirements;
- (b) Provide to parents a written copy of your pesticide policies that includes your posting and notification requirements annually or on enrollment;
- (c) Notify parents, guardians, and any other interested parties forty-eight hours in advance of the application of pesticides; and

(d) Require the pesticide applicator to provide a copy of the records required within twenty-four hours of when the pesticide is applied.

(2) Your notification must include a heading stating "Notice: Pesticide Application and..." at a minimum must state the:

- (a) Product name of the pesticide being used;
- (b) Intended date and time of application;
- (c) Location where the pesticide will be applied;
- (d) Pest to be controlled; and
- (e) Name and number of a contact person at the facility.

(3) To notify people that a pesticide has been used, you must place a marker at each primary point of entry to the center grounds. The marker must be:

- (a) A minimum of four inches by five inches;
- (b) Printed in colors contrasting to the background; and
- (c) Left in place for at least twenty-four hours following the pesticide application or longer if a longer restricted period is stated on the label.

(4) The marker must include:

- (a) A headline that states "This landscape has recently been sprayed or treated with pesticides";
- (b) Who has treated the landscape; and
- (c) Who to call for more information.

WAC 388-295-5170 **Can we have animals at the center?** (1) When animals are on the center premises you must:

(a) Notify the parents in writing that animals are on the premises and the potential health risks associated with the animals to include how to address the needs of children having allergies to animals;

(b) Have a signed document from each parent stating they understand the potential health risks;

(c) Not hang pet containers or cages in corridors, entryways or over where children eat, sleep, and play;

(d) Post hand-washing signs in areas where pets are housed;

(e) Have containers or cages to prevent debris from spilling out of the container or cage. The container or cage must not be located in corridors, entrance ways, or where children eat, or play;

(f) Assign responsible staff to ensure pet containers, cages, and litter boxes are cleaned and disinfected at least weekly and more often if needed;

(g) Not allow animals in food preparation areas. If the sink is used for cleaning food or utensils it cannot be used to clean pet supplies;

- (h) Not allow animals in rooms that typically are used by infants or toddlers;
 - (i) Keep on file proof of current rabies vaccinations for all dogs and cats;
 - (j) Meet local requirements in counties with immunization, vaccination and licensing requirements for animals; and
 - (k) Organize children into small groups for supervised activity for handling of pets.
- (2) You must develop policies and procedures for management of pets to include:
- (a) How the needs of children who have allergies to pets will be accommodated;
 - (b) How pet containers, cages, litter boxes will be cleaned and sanitized and who will do it;
 - (c) How pets will receive food and water, and be kept clean and who will do it;
 - (d) Curricula for teaching children and staff about safety and hygiene when handling pets; and
 - (e) Pets (excluding aquatic animals) showing signs of illness must be removed from the facility until they have been seen, treated and given approval to return to the center by a veterinarian. Written proof of veterinary visits must be maintained on file.
- (3) Reptiles and amphibians must be in an aquarium or other totally self-contained area except during educational activities involving the reptile. Children five years of age or less must not physically handle reptiles and amphibians.
- (4) Animals with a history of biting or other aggressive behaviors must not be on the premises of the child care center.
- (5) You must ensure children wash their hands after handling animals.

AGENCY PRACTICES

WAC 388-295-6010 **What are the regulations regarding discrimination?** (1) Child care centers are defined by state and federal law as places of public accommodation and must not discriminate in employment practices and client services on the basis of race, creed, color, national origin, marital status, gender, sexual orientation, class, age, religion, or disability.

- (2) You must:
- (a) Post a nondiscrimination poster where families and staff can easily read it;
 - (b) Have a written nondiscrimination policy; and
 - (c) Comply with the requirements of the Americans with Disabilities Act.

WAC 388-295-6020 What are the regulations regarding religious activities? You must:

- (1) Respect and facilitate the rights of the child in care to observe the tenets of the child's faith, consistent with state and federal laws;
- (2) Not punish or discourage the child for exercising these rights; and
- (3) Maintain a written description of the center's religious policies and practices that affect the child in care.

WAC 388-295-6030 What are the special requirements regarding American Indian children? When five percent or more of the center's child enrollment consists of American Indian children, you must develop social services resource and staff training programs designed to meet the special needs of such children through coordination with tribal, Indian health service, and Bureau of Indian Affairs social service staff, and appropriate urban Indian and Alaska native consultants.

WAC 388-295-6040 What are the requirements regarding child abuse and neglect?

- (1) You and your staff must protect the child in care from child abuse, neglect, or exploitation, as required under chapter 26.44 RCW.
- (2) You must immediately report an instance when you or the staff have reason to suspect that child physical, sexual, or emotional abuse, child neglect, or child exploitation as defined in chapter 26.44 RCW has occurred. This report must be made to children's administration central intake.
- (3) If there is immediate danger to a child you must also make a report to local law enforcement.

WAC 388-295-6050 What substances are prohibited in the child care center or on the premises?

- (1) You, your staff, parents, and volunteers must not be under the influence of, consume, or possess an alcoholic beverage or illegal drug while on the child care premises or during work hours while you are responsible for children in care.
- (2) You, your staff, parents, and volunteers must not smoke:
 - (a) Inside the center building;
 - (b) While supervising children outdoors; or
 - (c) In a motor vehicle while transporting children.
- (3) You, your staff, parents, and volunteers may smoke outdoors, off the premises and out of view of the children.

WAC 388-295-6060 Who is allowed to have unsupervised access to children in care? (1) During operating hours or while the child is in care, the only persons allowed to have regular or unsupervised access to the child in care are:

- (a) The child's parent;
- (b) You;
- (c) An employee or volunteer who has received a Washington state patrol background check clearance; and

(d) A representative of a governmental agency who has specific, verifiable authority supported by documentation for the access.

(2) You must not allow anyone else unsupervised access to a child in care. A parent can only have unsupervised access to his or her own child unless the parent signs an authorization for an individual to have unsupervised access to their own child. (For example a therapist.)

RECORDS, REPORTING, AND POSTING

WAC 388-295-7010 What information must be kept in the child's individual file? (1) You must keep current organized confidential records and information about each child in care on the premises. You must make sure that each child's record contains, at a minimum:

(a) Completed enrollment application signed by the parent;

(b) Name, birth date, dates of enrollment and termination, and other identifying information;

(c) Name, address, and home and business telephone number of the parent and other person to be contacted in case of an emergency;

(d) Health history;

(e) Individual plan of care when needed for chronic health conditions and life threatening medical conditions;

(f) Written consent from the parent for you to seek and approve medical care in an emergency situation, a court order waiving the right of informed consent, or parent's alternate plans for emergency medical and surgical care if the parent can not be reached;

(g) Information on how to contact the parents, especially in emergencies;

(h) Instructions from parent or health care providers related to medications, specific food or feeding requirements, allergies, treatments, and special equipment or health care needs if necessary;

(i) Written records of any illness or injury that occurs during child care hours and the treatment provided; and

(j) Written records of any medications given while the child is at child care.

(2) You must include the following authorizations in each child's record:

(a) Name, address, and telephone number of the person authorized to remove the child from the center;

(b) Written parental consent for transportation to and from school; and

(c) Written parental consent for transportation provided by the center to and from field trips, including field trip location, date of trip, departure and arrival times and any other additional information the parent may need to be advised of.

(3) You can use any health history form you choose as long as it includes:

- (a) The date of the child's last physical exam or the date the child was last seen by a health care provider for reasons other than immunizations;
 - (b) Allergies, expected symptoms, and method of treatment if necessary;
 - (c) Health and developmental concerns or issues;
 - (d) Any life threatening medical condition that requires an individual health plan;
 - (e) A list of current medications used by the child;
 - (f) Name, address and phone number of the child's health care provider; and
 - (g) Name, address and phone number of the child's dentist, if the child has a dentist.
- (4) The individual records, including the certificate of immunization status, must be kept on the premises:
- (a) For each child currently in care; and
 - (b) For one year after the child leaves your care.
- (5) Attendance records, sign in and out records and invoices for state-paid children must be kept for five years after the child leaves your care.

WAC 388-295-7020 Am I required to track immunizations? (1) You are required to track each child's immunization status. To be sure that the children have the required immunizations for their age, you or your staff must:

- (a) See that each child has a completed certificate of immunization status form submitted or on file before the first day of child care;
 - (b) Develop a system to audit and update as scheduled the information on the certificate of immunization status forms;
 - (c) Meet any requirement of the department of health WAC 246-100-166; and
 - (d) Have available on the premises the certificate of immunization status forms for review by the health specialist, licenser, the department of health, and nurse consultant.
- (2) You may accept a child whose immunizations are started but not up to date on a "conditional" basis if:
- (a) For children whose records are difficult to obtain (such as foster children), there is written proof that the case worker or health care provider is in the process of obtaining the child's immunization status prior to the child starting child care; or
 - (b) The required immunizations are started prior to children starting child care; and
 - (c) The immunizations are completed as rapidly as medically possible. You must work with the parent, health care provider, or local health department to obtain an immunization plan.

(3) If a parent or health care provider chooses not to immunize a child, they must sign the exempt portion of the certificate of immunization status form.

(4) You may have a policy that states you do not accept children who have been exempted from immunizations by their parent or guardian, unless that exemption is due to an illness protected by the American With Disabilities Act (ADA).

(5) The certificate of immunization status forms for children who are currently enrolled must be accessible and maintained on the premises in a confidential manner.

WAC 388-295-7030 What type of attendance records do I have to keep? You must keep daily attendance records.

(1) The parent or other person authorized by the parent to take the child to or from the center must sign in the child on arrival and sign out the child at departure, using their full legal signature and writing the time of arrival and departure;

(2) When the child leaves the center to attend school or participate in off-site activities as authorized by the parent, you or your staff must sign out the child, and sign in the child on return to the center; and

(3) Attendance records and invoices for state paid children must be kept on the premises for at least five years after the child leaves your care.

WAC 388-295-7040 Am I required to keep licensing information available on site for parents to review? You must keep a file on site containing the following licensing information:

(1) Copies of the most recent child care center checklists for licensing renewal and facility licensing compliance agreement for any deficiencies noted; and

(2) Copies of the most recent child care centers monitoring checklist and facility licensing compliance agreement for and deficiencies noted.

WAC 388-295-7050 What personnel records and policies must I have? (1) Each employee and volunteer who has unsupervised access to a child in care must complete the following forms on or before their date of hire:

(a) An application for employment on a form prescribed by us, or on a comparable form approved by the department; and

(b) A criminal history and background inquiry form.

(2) You must submit the criminal history and background inquiry form to us within seven calendar days of the employee's first day of work. The form authorizes a criminal history background inquiry for that person.

(3) Until the criminal background inquiry results are returned and show the employee to not be disqualified, the employee is not to be unsupervised with the children.

(4) We discuss the information on the criminal history background inquiry form with you, the director, or other person responsible for the operation of the center, such as a human resources professional, if applicable.

(5) If you employ five or more people you must have written personnel policies. These policies must describe staff benefits, if any, and duties and qualifications of staff.

(6) You must maintain a system of record keeping for personnel. In addition to the other requirements in this chapter, you must keep the following information on file on the premises for yourself, each staff person and volunteer:

(a) An employment application, including work and education history;

(b) A photo copy of the Social Security card that is valid for employment or verification of your employer identification number (EIN);

(c) A photo copy of a photo identification issued by a government entity;

(d) Documentation that a criminal history and background inquiry form was submitted;

(e) Written documentation of trainings and meetings such as but not limited to:

(i) Orientation;

(ii) On-going trainings;

(iii) Bloodborne Pathogen training (including HIV/AIDS);

(iv) CPR/First Aid;

(v) Food handler's cards (if applicable);

(vi) STARS;

(vii) Staff meetings; and

(viii) Child abuse and neglect.

(f) Documentation of the results of Tuberculosis (TB) testing by the Mantoux skin test prior to starting work.

(7) Training documentation must include a certificate, card, or form with a copy placed in each individual employees file that contains the:

(a) Topic presented;

(b) Number of clock hours;

(c) Date and names of persons attending; and

(d) Signature and organization of the person conducting the training.

WAC 388-295-7060 What injuries and illnesses or child abuse and neglect must I report? You or your staff must report immediately:

(1) A death or a serious injury or illness that requires medical treatment or hospitalization of a child in care must be reported by telephone and in writing to the parent, licenser, and child's social worker, if the child has a social worker;

(2) Any instance when you or your staff have reason to suspect the occurrence of any physical, sexual, or emotional child abuse or child neglect, child endangerment, or child exploitation as required under described in chapter 26.44 RCW. You may make a report by calling the statewide number at 1-800-562-5624 or 1-866-Endharm; and

(3) An occurrence of food poisoning or reportable communicable disease, as required by the state board of health to the local public health department and to the licensor, by telephone.

WAC 388-295-7070 What circumstantial changes must I report to my licensor? A child care center license is valid only for the address, person, and organization named on the license. You must promptly report to the licensor any major changes in administrative staff, program, or premises affecting the center's classification, delivery of safe, developmentally appropriate services, or continued eligibility for licensor. A major change includes the following:

- (1) Center's address, location, space or phone number;
- (2) Maximum number and age ranges of children you wish to serve compared to the current license specifications;
- (3) Number and qualifications of the center's staffing pattern that may affect staff capability to carry out the specified program, including:
 - (a) Change of ownership, chief executive, director, or program supervisor; and
 - (b) Death, retirement, or incapacity of the person licensed;
- (4) Name of the licensed corporation, or name by which the center is commonly known, or changes in the center's articles of incorporation and by-laws;
- (5) A fire, major structural change, or damage to the premises; and
- (6) Plans for major remodeling of the center, including planned use of space not previously approved by the fire marshal's office or us.

WAC 388-295-7080 What am I required to post in the center? You must post the following items so that they are clearly visible to the parent and staff:

- (1) The center's child care license issued under this chapter;
- (2) A schedule of regular duty hours with the names of staff;
- (3) A typical activity schedule, including operating hours and scheduled mealtimes;
- (4) Meal and snack menus for the month;
- (5) Fire safety record and evacuation plans and procedures, including a diagram of exiting routes;
- (6) Emergency telephone numbers near the telephone;
- (7) Nondiscrimination poster;
- (8) For the staff, you must post:

- (a) Dietary restrictions and nutrition requirements for particular children;
 - (b) Handwashing practices;
 - (c) Diaper changing procedures, if applicable;
 - (d) Disaster preparedness plan; and
 - (e) Center policies and procedures.
- (9) You must post a notification advising parents that you are required to keep the following licensing information available on site for their review:
- (a) Copies of the most recent child care center checklist for licensing renewal and facility licensing compliance agreement for any deficiencies noted; and
 - (b) Copies of the most recent child care centers monitoring checklist and facility licensing compliance agreement for any deficiencies noted.

INDEX

- Access. 1, 4, 8, 9, 10, 11, 13, 26, 47, 51, 54, 55, 61, 62, 64
- Activities and routines.....20
- Activity schedule.....26, 30, 66
- Age of the children.....27
- Aide.....18
- Alcohol.....13
- Allergies.....3, 39, 59, 60, 62
- American Indian**.....1, 61
- Animals.....v, 32, 33, 59, 60
- Anti-bias**.....1
- Approved food sources**.....iii, 39
- Assistant.....9, 18, 19, 31
- Attendance records.....6, 63, 64
- Bathing facilities**.....v, 55
- Bathrooms.....31
- Bedding.....24, 47, 54, 58
- Behavior management.....11, 26
- Bottle feeding.....45
- Bottle preparation**.....44
- Breakfast.....37
- Breast milk.....37, 42, 43, 44, 45
- Bulk medications**.....35
- CACFP**.....2
- Capacity**.....1, 3, 6, 8, 10, 11, 25
- car seat.....*See Child Passenger Restraint*
- Car seats.....29, 46
- Certification**.....1, 4, 5, 6, 8
- Child abuse**.....1, 20, 26, 65
- Child Care Subsidies.....6
- Child passenger restraint.....25
- Child ratios.....*See Staff-to-child ratio*
- Child records.....11
- Child-accessible**.....1
- Circumstantial changes.....66
- Civil fine.....*See Fine*
- Classroom planning.....22
- Clean.....2, 31
- Clean and sanitary.....41
- Clothing.....48
- Combine children.....27, 28, 29
- Communicable disease**.....2, 20
- Compliance.....11, 14, 15, 55, 64, 67
- Cooperative exemption.....5
- Corporal punishment.....23
- Cot.....24, 46, 57
- CPR.....20, 21, 25, 49, 65
- Crib.....10, 24, 46, 47, 57
- Criminal history.....4, 8, 10, 12, 64, 65
- Cultural relevancy**.....2, 20
- Daily schedule of activities.....21
- Definitions.....1
- Department of Health.3, 6, 39, 40, 54, 55, 63
- Developmentally appropriate**.....2, 42
- Diapering.....10, 26, 34, 35, 44, 47, 48, 52, 53
- Dinner.....37
- Diploma.....8
- Director**.....2
- Disaster plan.....20, 51, 52
- Discipline.....11, 16, 23, 26
- Discrimination.....60
- Dishwashing.....42, 45, 55
- Disinfect**.....2
- Driver.....25, 26
- Drug.....13, 61
- DSHS.....1, 2, 6, 12, 55
- Dual license**.....7
- Eating equipment**.....42
- Emergency telephone numbers.....66
- Enrollment.....26
- Environment**.....48
- Evening care**.....24, 25, 37
- Exception to group size**.....28
- Exempt from licensing.....4
- Experience.....10, 13, 17, 18, 22
- Expiration.....9, 21, 35, 41, 45
- External medication**.....2, 35
- Fee and payment plan.....26
- Fences.....49, 50, 55
- Fine.....14
- Fines.....14, 16
- Fire prevention.....16, 20
- First aid**.....20, 21, 31, 49
- Flashlight.....51
- Food poisoning.....66
- Food service.....3, 39
- Food storage**.....41, 53
- Formula.....34, 37, 42, 43, 44, 45
- Guidance practices**.....23
- Handrails.....50
- Handwashing.10, 31, 32, 33, 42, 44, 47, 55, 56, 59, 60

Health 1, 2, 3, 4, 7, 9, 11, 16, 20, 21, 22, 25, 30, 33,
34, 35, 36, 37, 39, 40, 42, 43, 47, 48, 54, 55, 59,
61, 62, 63, 64, 66
Health care plan 9
Health policies and procedures 3, 20,
30, 31
Health, safety 14
Hours of operation 26, 51
Housekeeping sink *See* Service sink
Human Immunodeficiency Virus (HIV)
..... 21, 65

Ill child 26, 32
Ill staff 32
Illegal 13, 61
Immunization 60, 63, 64
Inaccessible to children 2, 35, 49, 51, 54,
57
Individual plan of care 3, 62
Infant 3, 31, 42, 47, 54
Infant sleep equipment 46
Infants 27, 28, 29, 30, 31, 42, 45, 46, 47, 48, 60
Infectious diseases 31, 33
Injury 24, 30, 33, 49, 62, 65
Insurance 8, 25
Investigate 5, 10, 15, 30

Janitorial supplies 54

Kitchen 2, 3, 10, 29, 31, 39, 40, 41, 44, 57

Laundry 10
Lead teacher 3
Learning experiences 22
License 1, 2, 3, 5, 6, 7, 8, 9, 11, 12, 13, 15, 16, 17,
19, 25, 66
Licensee 3
Licensing .. 1, 4, 5, 7, 8, 11, 12, 13, 14, 16, 17, 20,
58, 60, 64, 67
Lifeguard 54
Lighting 51
Local ordinances 6, 55
Lunch 38

Maintenance 50, 54
Mats 11, 31, 53, 54, 58
Maximum potential capacity 3
Meals 26, 38
Medical care 62
Medication 2, 31, 32, 34, 35, 36
Menu 37, 39, 41, 66
Milk 37, 38, 39
Moisture impervious 3, 47, 54, 56

Moisture resistant 3, 41, 46, 47, 52, 56

Nap 57
Napping 10, 11, 46
Nighttime care 24, 37
Noise level 50
Nondiscrimination 26, 66
Nurse 9, 31, 48, 63
Nutrient supplements *See* Supplements
Nutrition 16, 22, 67

Off-site trips 25
On-going training 20
Orientation 1, 8, 19, 31, 39, 60
Outdoor play 22, 30, 32, 33, 55

paint 50
Paint 41
Parent 3, 4, 5, 9, 16, 22, 26, 31, 33, 35, 36, 37, 38,
39, 40, 43, 45, 48, 51, 52, 58, 59, 61, 62, 64, 67
Parent communication 8
Parent or other person authorized .. 64
Parent participation 4
Parent review 67
Penalty 14, 15
Personnel records 64
Pesticides 3, 41, 58, 59
Pests 3, 52
Physical exam 63
Physical restraint 24
Play equipment 30
Pool 54
Posting 28
Potable water 3, 55
Potentially hazardous food 3, 38, 40
Preschooler 27
Private family residence 6
Probationary license 16
program supervisor 8, 18, 19, 51, 66
Program supervisor 3
Prohibited substance 61

Qualifications 12, 18, 27, 28, 29, 65, 66
Quiet activities 24

RCW (Revised Code of Washington) 1, 4,
5, 7, 12, 13, 15, 25, 58, 61, 66
Records 13, 40, 52, 59, 62, 63, 64
References 8
Refrigeration 35, 38, 41
Rehabilitation 13
Religious activities 26

Rest periods	24, 28	Subsidies.....	4, 6
Revoke.....	12, 13, 15	Sudden Infant Death Syndrome (SIDS)	31, 47
Routines.....	22. <i>See</i> Activities and routines	Supplements.....	35, 39
Safe drinking water.....	55	TB skin test.....	21
Safe environment.....	29, 49	TB testing requirements for the staff	21
Safety1, 4, 7, 11, 20, 21, 22, 30, 48, 50, 54, 55, 60, 66		Telephones.....	51
Sanitize.....	2, 3, 24, 42, 45, 46, 47, 52, 53, 55, 60	Temperature.....	3, 40, 41, 42, 44, 58
School-age child	4	Thawing foods	41
Seating capacity.....	25	Toddlers	29, 30, 45, 60
Separate care area.....	27	Toilets.....	10, 52, 53, 55, 56
Service sink.....	54	Towels.....	47, 57
Sewage and liquid wastes	55	Training4, 9, 13, 18, 19, 20, 21, 25, 26, 39, 45, 46, 52, 61, 65	
Sinks.....	10, 42, 44, 52, 53, 55, 56	Transportation.....	8, 25, 62
Sleeping.....	10, 24, 46, 47, 58	Tribal certification	1
Sleeping position	47	Unlicenced program	15
Smoking.....	32	Unsupervised access.....	4
Snacks.....	26, 31, 37, 39, 41	Volunteer.....	8, 13, 19, 21, 25, 61, 64, 65
Soap.....	32, 33, 53, 57	Waiver.....	7, 8, 29
Square feet.....	10, 30	Water safety	54
Square footage.....	3, 10, 27, 29	Whole milk.....	37
Staff interact	22, 23	Wood surfaces.....	52
Staff meetings and training.....	20		
Staff-to-child ratio....	4, 11, 18, 19, 22, 24, 26, 27, 28, 29, 30		
State Training And Registry System (STARS).....	4, 18, 19, 65		
Storage.....	10, 36, 41, 50, 54, 57, 58		